

Webinar - April 7, 2022

Workshop 1. Building Energy Efficiency Fundamentals and Energy Code Basics



Presentation Collaborators



Section 1 Introduction



10

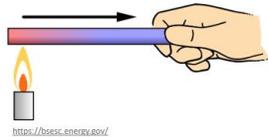
Section 2 Prof. Norman Takeya



UNIVERSITY of HAWAII*
HONOLULU
COMMUNITY COLLEGE

29

Section 3 Building energy fundamentals & building envelope basics



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Section 4 Energy code introduction



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Section 5 Hawaii Energy



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Section 6 Wrap Up

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Webinar - April 7, 2022

Workshop 1. Building Energy Efficiency Fundamentals and Energy Code Basics



**Building
Energy
Education**

fundamentals



ILLINOIS

Presentation Collaborators



AIA
Honolulu



HAWAII





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Questions related to specific materials, methods, and services will be addressed at the conclusion of this presentation.

Credit(s) earned on completion of this course will be reported to **AIA CES** for AIA members. Certificates of Completion for both AIA members and non-AIA members are available upon request.



COURSE DESCRIPTION

This is the first in a series of three webinars covering building energy efficiency and the energy code in Hawaii, with a focus on residential buildings. This session introduces a set of education modules that cover a range of building efficiency topics and then focuses on the topics of building energy fundamentals and an overview of Hawaii's building energy code.



LEARNING OBJECTIVES

At the end of this course, participants will be able to:

1. Access 15 online education modules covering energy efficient building envelope, mechanical systems, lighting systems, and beyond code design
2. Identify careers related to building energy efficiency
3. Apply basic heat transfer knowledge to building design
4. Identify Hawaii energy code requirements for residential buildings



Welcome

Chris Perry

Engineer

Building Energy Codes Program

U.S. Department of Energy

Introductions

Presenters

- Howard Wiig, State Energy Office
- Chris Perry, U.S. Department of Energy
- Sumi Han, Smart Energy Design Assistance Center
- Norman Takeya, Honolulu Community College
- Erik Kolderup, Kolderup Consulting
- Justin Bizer, Hawaii Energy

Acknowledgments

- Karen Shishido, Hawaii Energy
- Gail Suzuki-Jones, State Energy Office
- Kiera Williams, State Energy Office
- Alan Okimoto, State Energy Office
- Elena Arinaga, State Energy Office

Topics

Building Energy Education Fundamentals program

Hawaii college programs

Building energy fundamentals & building envelope basics

Energy code introduction

Hawaii Energy project examples

Zippy's cards!

Coming up

Workshop 2

Comfort, Air Quality and Lighting

Thursday, 4/14/2022, 12:00 – 1:30 pm HST

Workshop 3

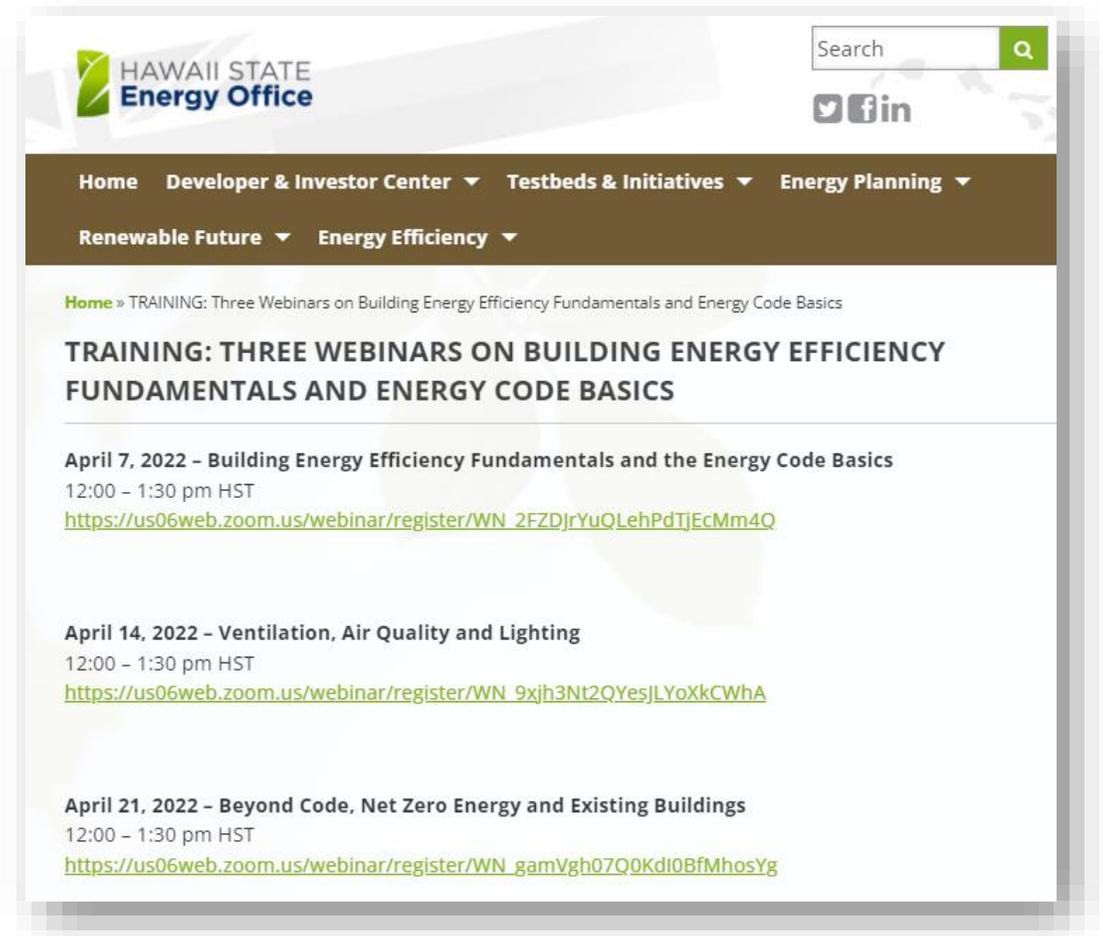
Beyond Code, Net Zero Energy and Existing Buildings

Thursday, 4/21/2022, 12:00 – 1:30 pm HST

BEE Fundamentals: Train-the-Trainer Workshop

Friday, Apr 29, 2022 9:00 – 11:00am HST

https://smartenergy.illinois.edu/bee_fundamentals/



The screenshot shows the Hawaii State Energy Office website. At the top left is the logo for the Hawaii State Energy Office. To the right is a search bar and social media icons for Twitter, Facebook, and LinkedIn. Below the logo is a navigation menu with the following items: Home, Developer & Investor Center, Testbeds & Initiatives, Energy Planning, Renewable Future, and Energy Efficiency. The main content area features a breadcrumb trail: Home » TRAINING: Three Webinars on Building Energy Efficiency Fundamentals and Energy Code Basics. The title of the training is "TRAINING: THREE WEBINARS ON BUILDING ENERGY EFFICIENCY FUNDAMENTALS AND ENERGY CODE BASICS". Below the title, there are three webinar entries, each with a date, title, time, and a Zoom registration link.

Home » TRAINING: Three Webinars on Building Energy Efficiency Fundamentals and Energy Code Basics

TRAINING: THREE WEBINARS ON BUILDING ENERGY EFFICIENCY FUNDAMENTALS AND ENERGY CODE BASICS

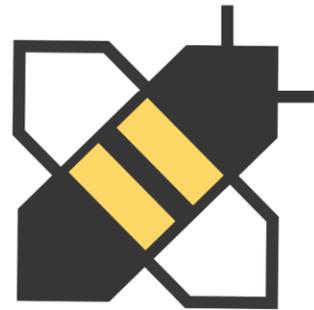
April 7, 2022 – Building Energy Efficiency Fundamentals and the Energy Code Basics
12:00 – 1:30 pm HST
https://us06web.zoom.us/webinar/register/WN_2FZDJrYuQLehPdTjEcMm4Q

April 14, 2022 – Ventilation, Air Quality and Lighting
12:00 – 1:30 pm HST
https://us06web.zoom.us/webinar/register/WN_9xjh3Nt2QYesJLYoXkCWhA

April 21, 2022 – Beyond Code, Net Zero Energy and Existing Buildings
12:00 – 1:30 pm HST
https://us06web.zoom.us/webinar/register/WN_gamVgh07Q0KdI0BfMhosYg

Section 1

Introduction



**Building
Energy
Education**

fundamentals



**Building
Energy
Education**

fundamentals

Partnered with HI Energy Office
Sponsored by DOE

April 7, 2022



SEDAC

SMART ENERGY DESIGN ASSISTANCE CENTER

Providing effective energy strategies for buildings and communities

Who We Are

The Smart Energy Design Assistance Center (SEDAC) is an applied research program at University of Illinois.

Our mission: Reduce the energy footprint of Illinois and beyond.



BEE Fundamentals Partners & Participants



Illinois Environmental
Protection Agency

Lewis & Clark Community College
McHenry County College
Moraine Valley Community College
Southwestern Illinois College
Triton College
Illinois Central College
Kishwaukee College
Olive-Harvey College
Oakton Community College
Illinois Eastern Community College
John A Logan College
Hartland Community College
Rend Lake College
Harper College

University of Illinois
University of Chicago
Northern Illinois University
Chicago Public Schools

Ameren Illinois / Leidos
Illinois Green Alliance (IGA)
Illinois Green Economy Network (IGEN)

Village of Matteson
City of Rock Island
City of Naperville
City of Ottawa
Village of Midlothian
City of Peoria **and many more**



HAWAII STATE
Energy Office

Kauai Community College
Honolulu Community College
UH Maui College
Brigham Young University-Hawaii

Leidos – Hawaii Energy
Hawaiian Electric

Island Green Architecture
Bowers + Kubota Consulting
STUDIO OXEYE
D.R. Horton
Saito Design Associates
Plumbing & Mechanical Contractors Association of Hawaii
(PAMCA HI)
Islandwide mechanical service
Oahu Air Conditioning Service, Inc.
TMA Architects
Economy Plumbing & AC
Bowers and Kubota Consulting
Mason Architects
S. Biniaris Architect
Colliers

Kauai County
Maui County Office of Economic Development
City & County of Honolulu
County of Hawaii
Hawaii Community Development Authority
Hawaii Department of Education **and many more**



Nevada Governor's
Office of Energy

Western Nevada College
College of Southern Nevada
Truckee Meadows Community College

Western Washington University
Clark County School District

Desert Research Institute
International Code Council (ICC)
Envirolution
Plumbing, Heating, Colling Contractors of Nevada
(PHCC NV)
Home Energy Connection

Clark County
City of Las Vegas
City of North Las Vegas
City of Henderson
City of Mesquite
City of Elko
City of Sparks **and many more**



What is BEE Fundamentals?

This program introduces community college students and young professionals to **energy efficiency and energy code topics** to prepare **the next generation of professionals** to integrate energy efficiency into their work.

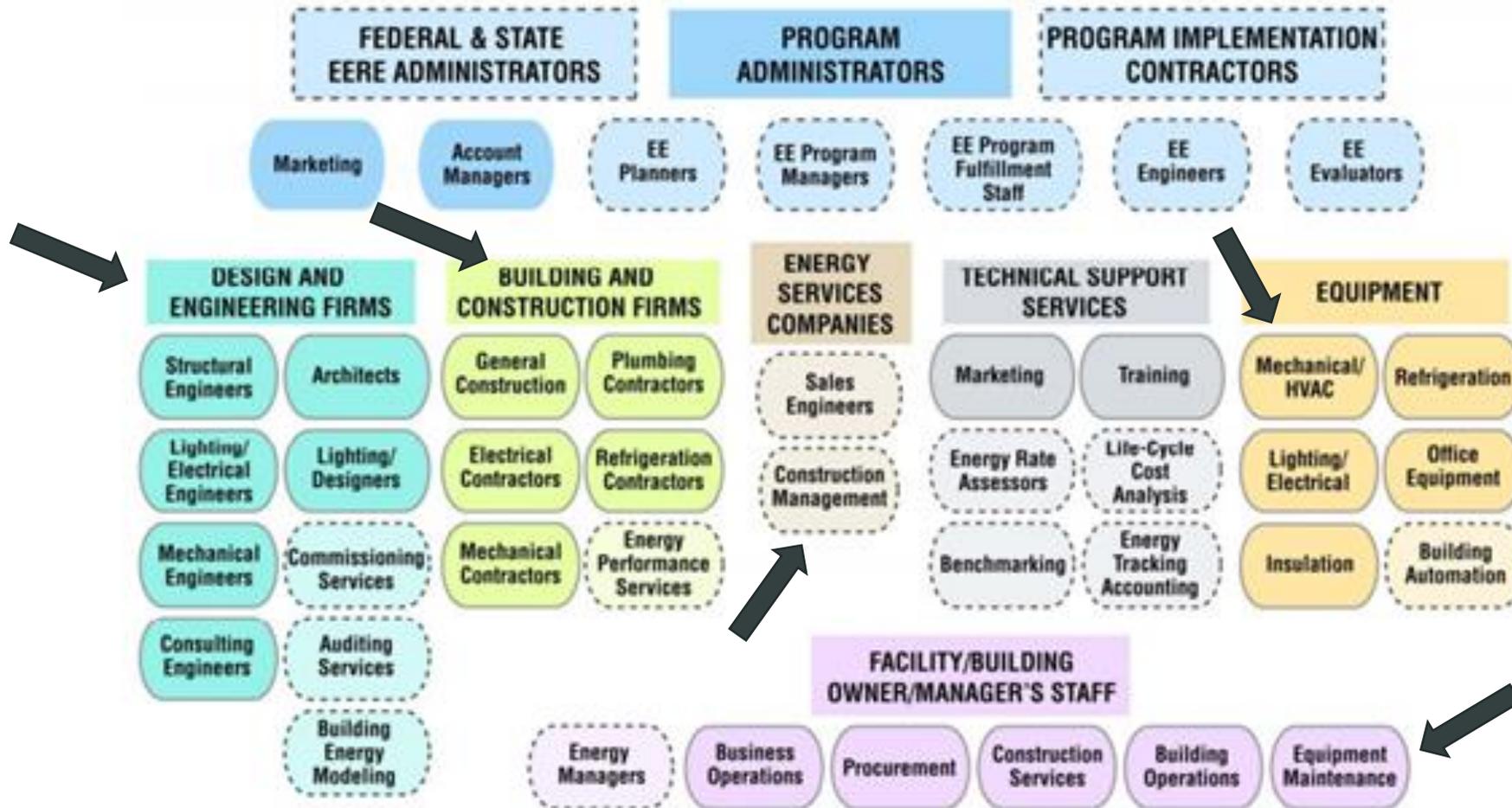


Building
Energy
Education

fundamentals

Careers in Energy Efficiency

There are many different energy efficiency jobs.



<https://emp.lbl.gov/publications/energy-efficiency-services-sector>

Careers in Energy Efficiency

Energy efficiency jobs span a range of skills.



Building Related Jobs:

- ✓ Design
- ✓ Construction
- ✓ Operation



Policy & Planning

- ✓ Marketing
- ✓ Proposal Writing
- ✓ Research



Analysis & Computation:

- ✓ Calculate Savings
- ✓ Manage Data
- ✓ Generate Reports



Financial:

- ✓ Sales & Cashflow Analysis
- ✓ Project Financing
- ✓ Project Management



Customer Service & Training

- ✓ Sell Products and Services
- ✓ Quality Control
- ✓ Teach Students

Careers in Energy Efficiency

Building related jobs address energy efficiency.



Architects & Engineers

- ✓ design for efficiency
- ✓ ensure code compliance and safety



Contractors and Construction Managers

- ✓ build efficiently
- ✓ make buildings more efficient when they renovate



Installers & Technicians

- ✓ install efficient equipment
- ✓ make sure it is operating properly



Building Operators

- ✓ ensure that buildings run smoothly and efficiently
- ✓ maintain efficiency

Careers in Energy Efficiency

There are many non-construction, technical energy efficiency jobs, too.

Industrial: Factories and manufacturing have big energy efficiency opportunities



Product Development: Engineers and designers develop products to support energy efficiency in other sectors



Program Implementation: Identify opportunities for clients to take advantage of utility energy efficiency programs



Public Works: Reduce the energy use of vital public services such as water treatment and public transportation.



Careers in Energy Efficiency

There are many non-construction, technical energy efficiency jobs, too.

Sales and marketing:
Sell energy efficiency products and services



Program management:
Help manage utility energy efficiency programs



Accounting: Help finance and facilitate energy efficiency projects



Policy making: Help develop the policies that prioritize energy efficiency



Educating: Educate people about the benefits of energy efficiency



Code Professional Career

Figure 2: Plans to Leave the Building Regulatory Profession

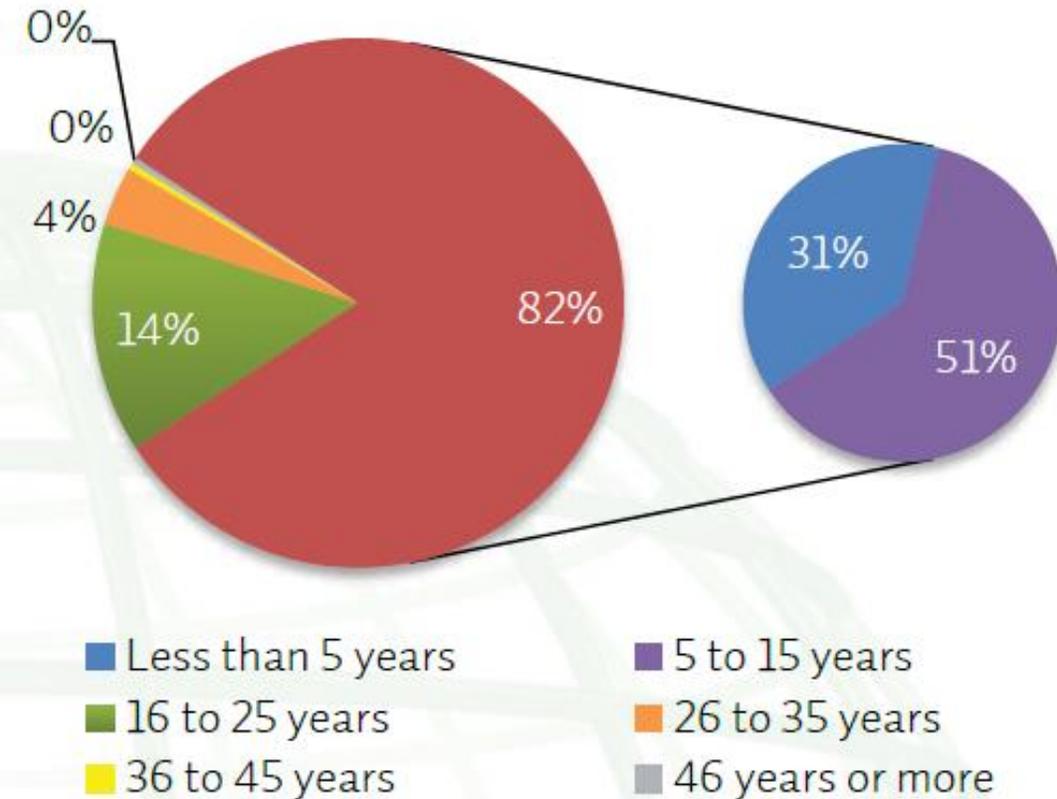
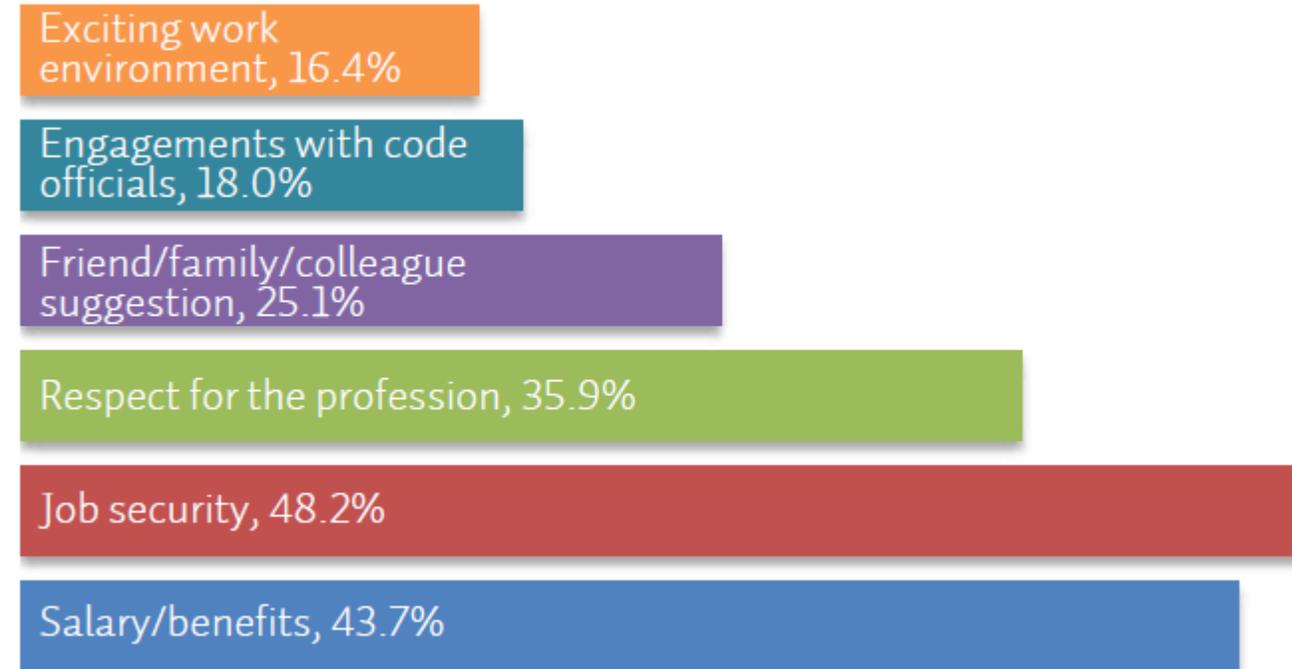


Figure 10: Reasons for Pursuing Career as Code Professional



Code Professional Career

“... far more rewarding, as you **maintain vigilance** over all structures built in your jurisdiction to ensure they meet the minimum standards of the laws and codes.”

“I believe that my 25 years in the field of commercial construction as an **apprentice, journeyman, foreman and supervisor** served me well when I made the decision to enter the inspection field.”

“**Extremely rewarding**, always helping people, always learning, never a dull moment, always in demand.”

“Get all of the vocational training you can, and work in the building trades field, so you have a **good understanding** of how a structure should go together. Work for a good, reputable contractor for at least two years and **train, train, train.**”

Why BEE Fundamentals?

“We’re going to keep struggling with code compliance **until energy code training permeates the building trades.**”

- IL Code Official

“We offer basic, introductory exploration of the topic...it would be great to **focus more on the IECC and how it relates**”

- IL Instructor

“I don’t just keep using the same book over and over...I like to keep [my students] apprised of **what’s going on in the world today**”

- NV Instructor

“Most people tend to learn better when they are able to have **hands-on experience or see live examples** instead of only reading about it.”

- HI Code Consultant

BEE Fundamentals Program Webpage

https://smartenergy.illinois.edu/bee_fundamentals/



About ▾ Programs ▾ Who We Serve ▾ Resources ▾ Blog Contact 

Building Energy Education Fundamentals

Home > Energy Code Training > Building Energy Education Fundamentals



Teach energy efficiency through energy code basics

Hands-on Curriculum | Instructor Training | Resources

Instructor Toolkit:
How to Use our Curriculum



Access our Modules!
Login to our Moodle Site



Instructor Toolkit

<https://smartenergy.illinois.edu/instructor-toolkit>

Instructor Toolkit
How to Use our Curriculum



ABOUT OUR PROGRAM

What is this training program about? +

Why all the focus on energy codes? +

Who should use this program? +

Will this training prepare students for a job or certification exam? +

Who created this training program? +

How can I be involved and get updates? +



USING OUR CURRICULUM

Are the modules free to use? +

Do I need to use all of the modules? +

How should I select which curriculum to use? +

How do my students and I access the modules? +

Can my students work through the material on their own? +

How can I provide feedback? +



INTRO MODULES



Community College Energy Code Training Program: ...



Copy link

1. Energy Efficiency Careers & Pathways



3. Introduction to Energy Codes & Standards +

4. Navigating Energy Codes & Standards -

1. Accessing the Codes: Presentation
2. Looking up Requirements: Presentation
3. Energy Code Compliance Paths: Presentation
4. The Approval and Permit Process: Presentation
5. Combined presentation, in-class exercise, review worksheet, and Jeopardy activity

Moodle

<https://learn.smartenergy.illinois.edu/>



SEDAC eLearning

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For full access to this site, you first need to create an account.

Already have an account?

Remember username

[Forgotten your username or password?](#)

1. Energy Efficiency Careers & Pathways

Home > Courses > Intro Modules > 1. Energy Efficiency Careers

1. Energy Efficiency Careers & Pathways

Learn about careers that engage with energy efficiency and the energy code.



1.1 Careers in Energy Efficiency

Objective: Identify common energy efficiency careers and job titles, describe what people do in these careers, and what motivates them.

Topic's progress



1.2 Pathways to Energy Efficiency Careers

Objective: Describe potential career pathways to common energy efficiency jobs

Topic's progress



1.3 Code Official Careers

Objective: Identify building code official careers and describe pathways to these careers.

Topic's progress



Activities

Want to teach all chapters in this module at once? Use our combined presentation. Assess learning on all chapters with this review activity and worksheet.

Topic's progress



Quiz & Survey

Topic's progress



Completion Certificate

Get your completion certificate for this module.

Topic's progress

Restricted Not available unless: You do **not** belong to CC Instructors

Moodle: How to Navigate



BEE Fundamentals Webinars & Workshop

https://smartenergy.illinois.edu/bee_fundamentals/

PROGRAM LAUNCH

HAWAII LAUNCH WEBINARS

Part 1: April 7, 2022, 12:00-1:30 pm HST

[Register here](#)

Part 2: April 14, 2022, 12:00-1:30 pm HST

[Register here](#)

Part 3: April 21, 2022, 12:00-1:30 pm HST

[Register here](#)

Hawaii Launch Part 1 Agenda



Hawaii Launch Part 2 Agenda



Hawaii Launch Part 3 Agenda



NEVADA LAUNCH WEBINAR

April 20, 2022 from 10am-12pm PST

RSVP via email: info@energy.nv.gov

Nevada Launch Agenda



ILLINOIS LAUNCH WEBINAR

April 22, 2022 from 2-4pm CST

[Register here](#)

Illinois Launch Agenda



TRAIN-THE-TRAINER WORKSHOP

(for All States)

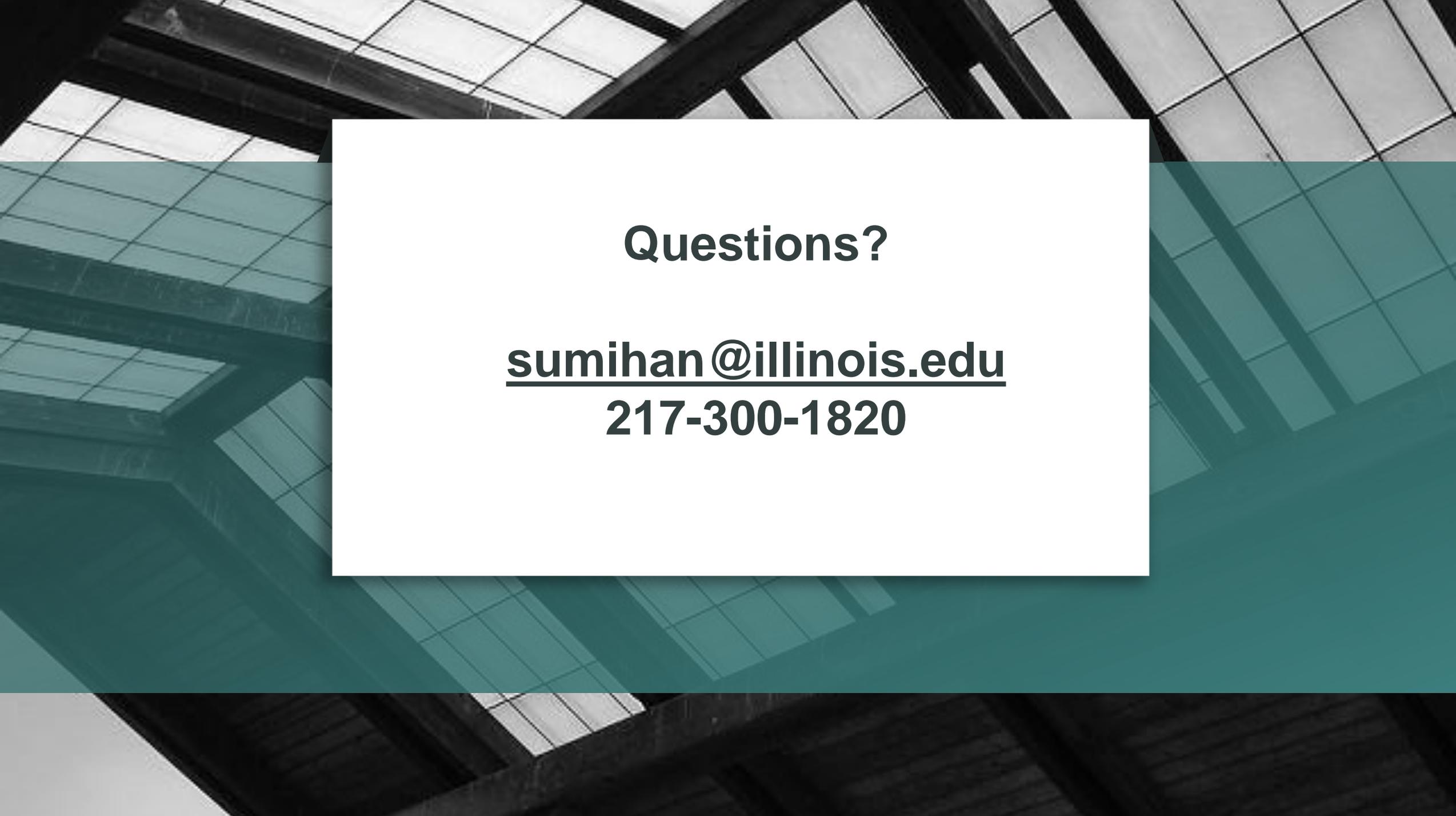
April 29, 2022

2:00-4:00 pm CST (12 – 2pm PST, 9 – 11am HST)

[Register here](#)

Train the Trainer Workshop Agenda





Questions?

sumihan@illinois.edu

217-300-1820

Section 2

Prof. Norman Takeya

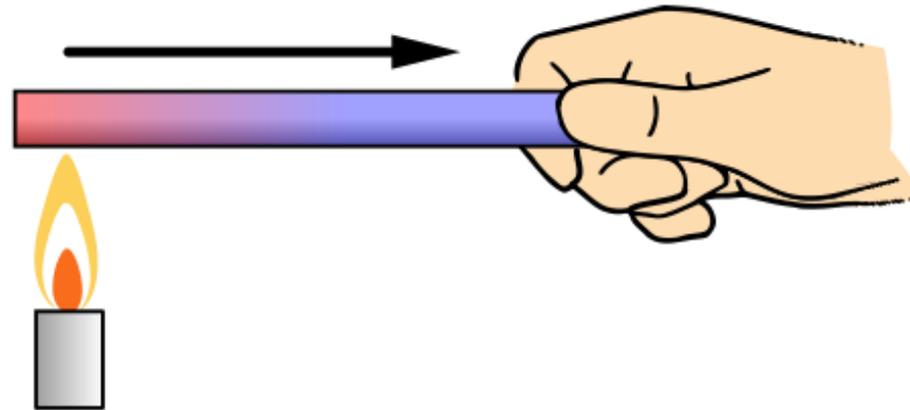


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Section 3

Building energy fundamentals & building envelope basics



<https://bsesc.energy.gov/>

BEE Modules

2. Building Energy Fundamentals

- 2.1 Understanding energy and how it moves
- 2.2 Heat transfer and the building envelope
- 2.3 Energy and mechanical systems

5. Envelope and Insulation Fundamentals

- 5.1 Envelope and insulation fundamentals
- 5.3 Air barriers and thermal bridging

6. Walls & Openings

- 6.1 Walls & openings fundamentals
- 6.2 Residential systems
- 6.3 Commercial systems

7. Roofs & Ceilings

- 7.1 Roofs & ceilings
- 7.2 Commercial roof & ceiling insulation
- 7.3 Residential roof & ceiling insulation



**Building
Energy
Education** fundamentals

2.1. Understanding Energy and How it Moves

Module 2: Building energy fundamentals
Part 1

Objective: Describe the basic forms of energy and identify the ways energy moves.

2.1. Understanding Energy and How it Moves

**Module 2: Building energy fundamentals
Part 1**

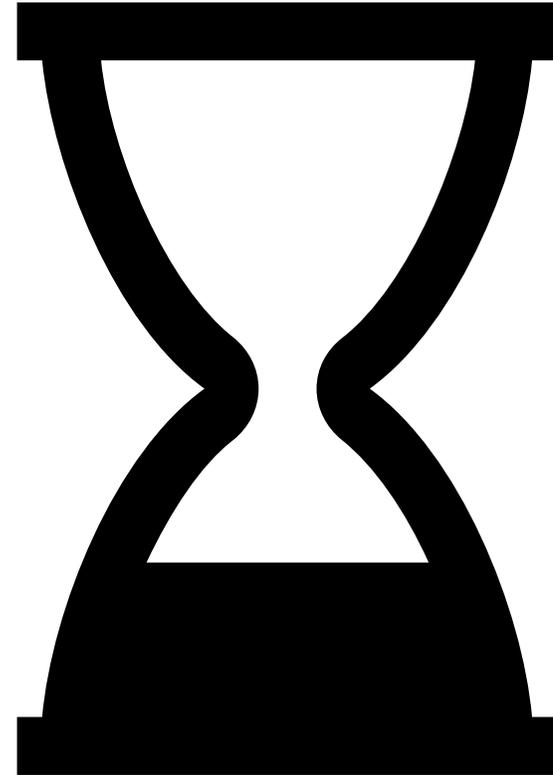
**Objective: Describe the basic forms of energy and identify
the ways energy moves.**

Energy and power

Energy is not the same as power

Power is energy per unit time—it's the rate that energy flows.

$$Power = \frac{Energy}{Time}$$



Power (Demand) x Time = Energy used

THE DIFFERENCE BETWEEN...

<p>KILOWATT (kW)</p>  <p>POWER REQUIRED FOR THE APPLIANCE TO WORK</p>	<p>KILOWATT-HOUR (kWh)</p>  <p>ENERGY USED EACH HOUR THE APPLIANCE IS OPERATING</p>
---	---

boilerguide

<https://lge-ku.com/residential/billing/time-of-day-rates/understanding-demand>

Energy and power terms

Definitions:

- Btu – energy to raise 1lb of water 1°F
- kW – electrical energy 3,412 Btu per hour (1,000 watts)
- kWh – power 3,412 Btu
- Therm – 100,000 Btu
- Horsepower – 0.746 kW
- Cooling ton – 12,000 Btu (btu required to melt 1 ton of ice)

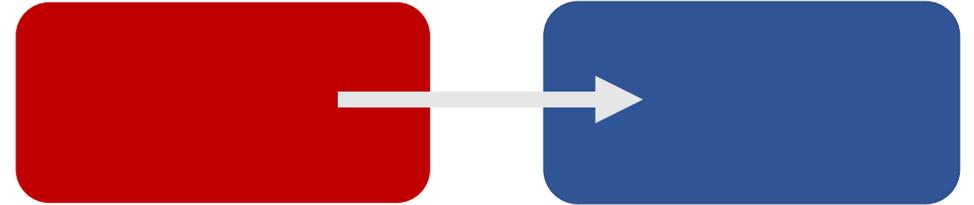
$$Energy = Power \times Time$$

$$kWh = kW \times hr$$



3 factors affect heat transfer

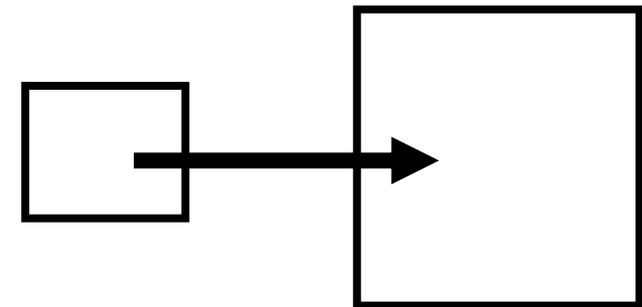
Temperature difference (2nd law)



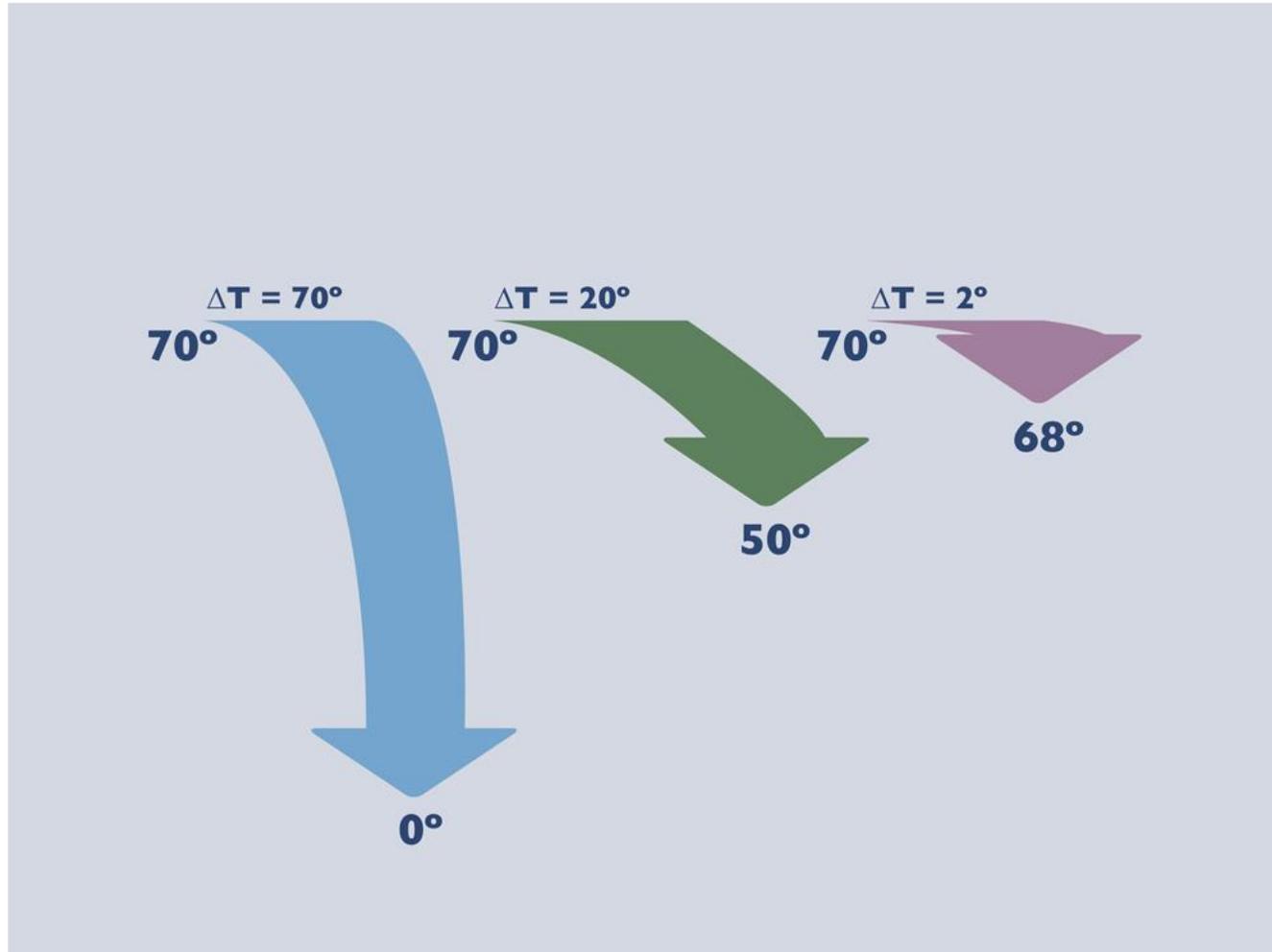
Time over which the transfer occurs



Area over which the transfer occurs

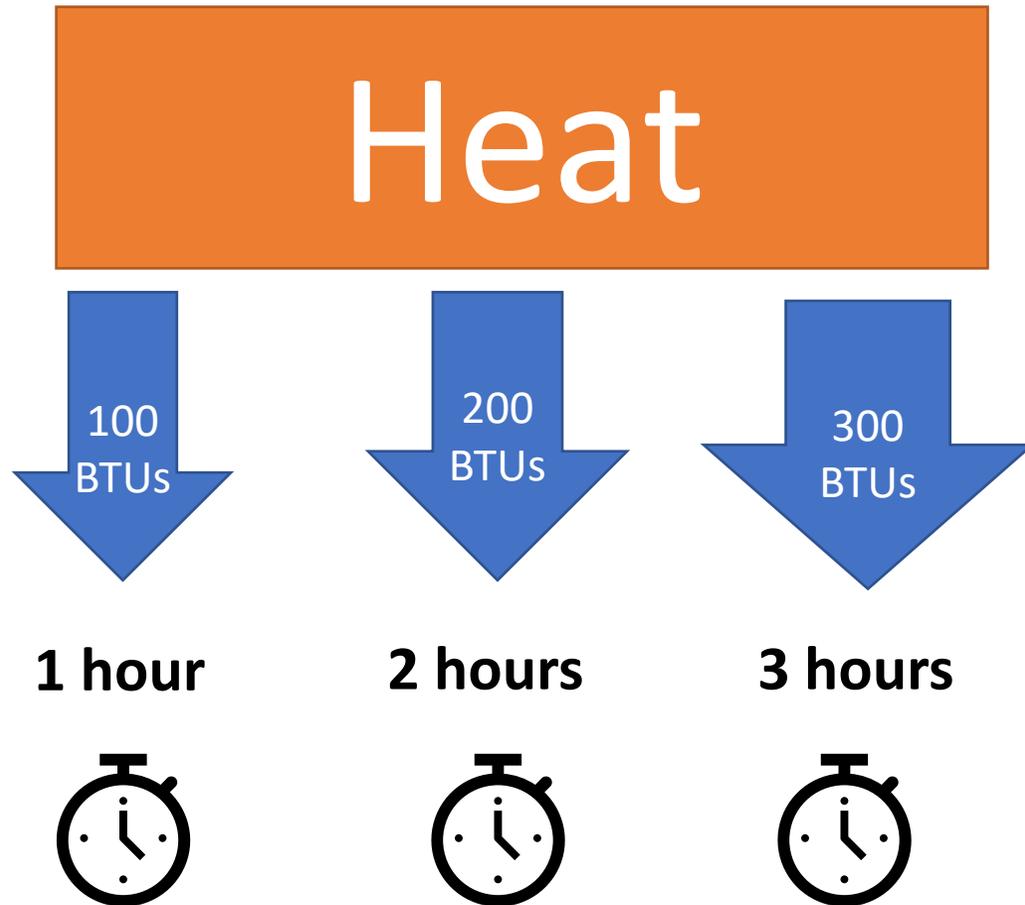


The effect of temperature gradients



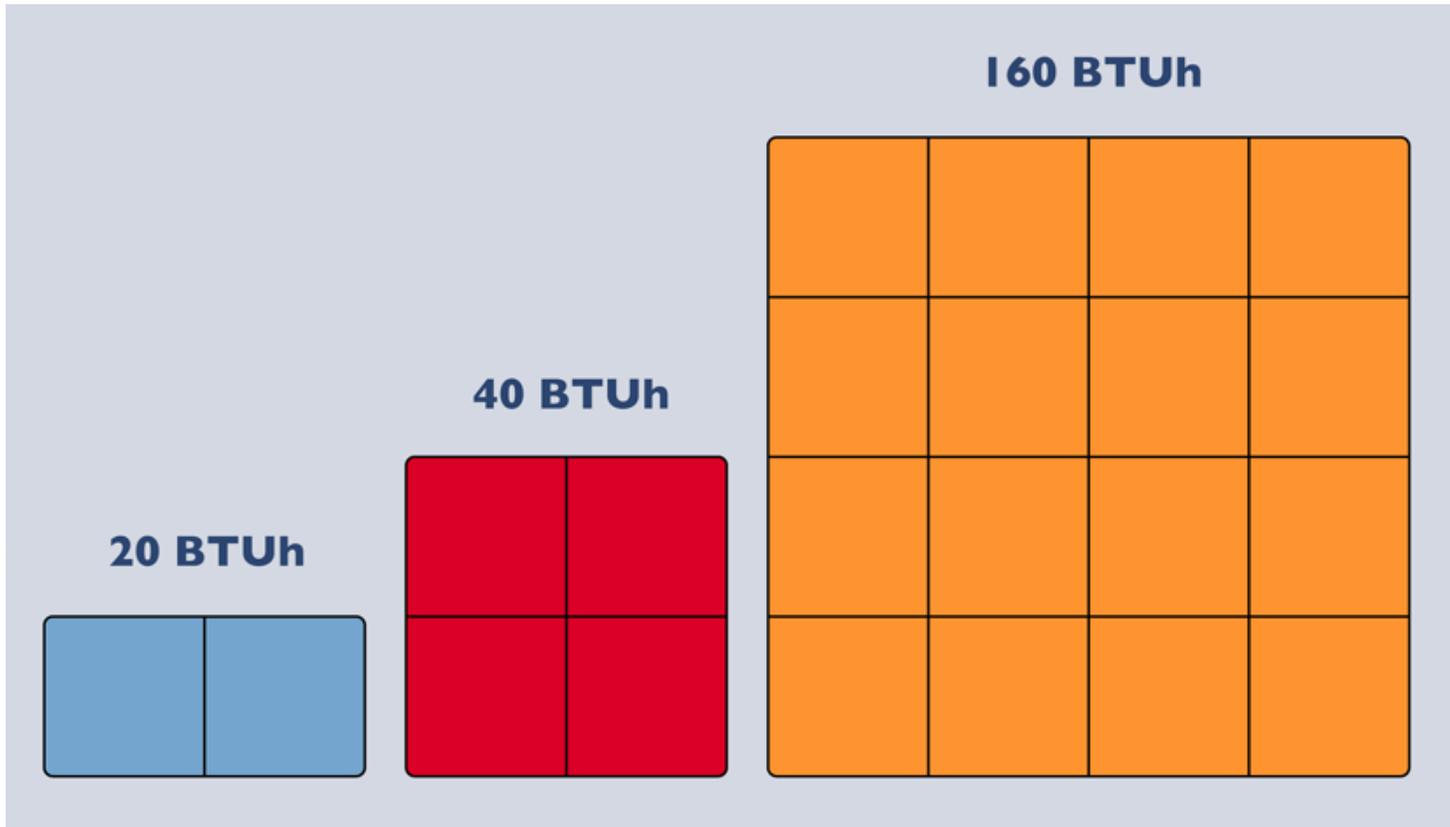
Heat transfer will flow quicker the greater the temperature difference.

The effect time



The greater the amount of time, the greater the transfer of heat.

The effect of area

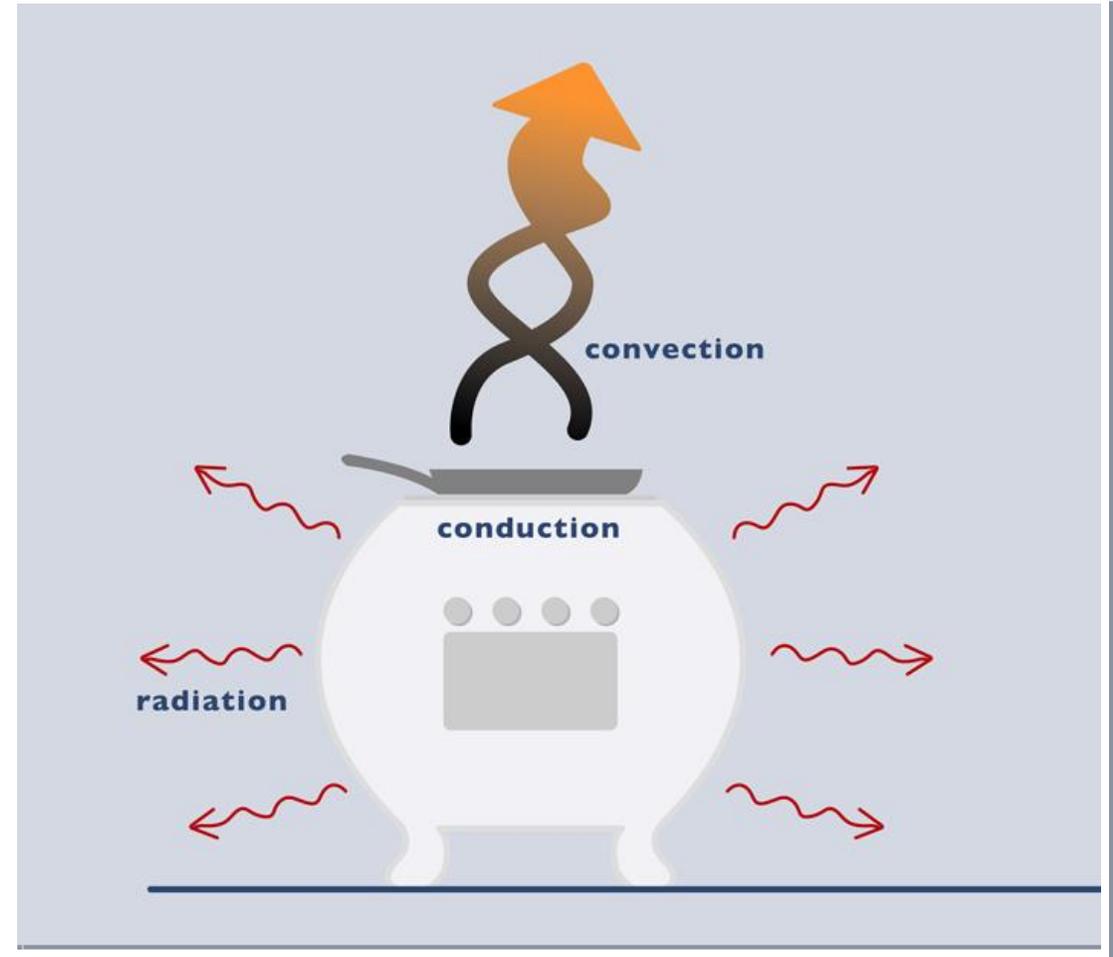


A building with a larger surface area will take more energy to heat or cool because there is more surface area that transfers heat.

Modes of heat transfer

- Conduction
- Convection
- Radiation

Most systems in buildings experience a combination of all three forms of heat transfer.

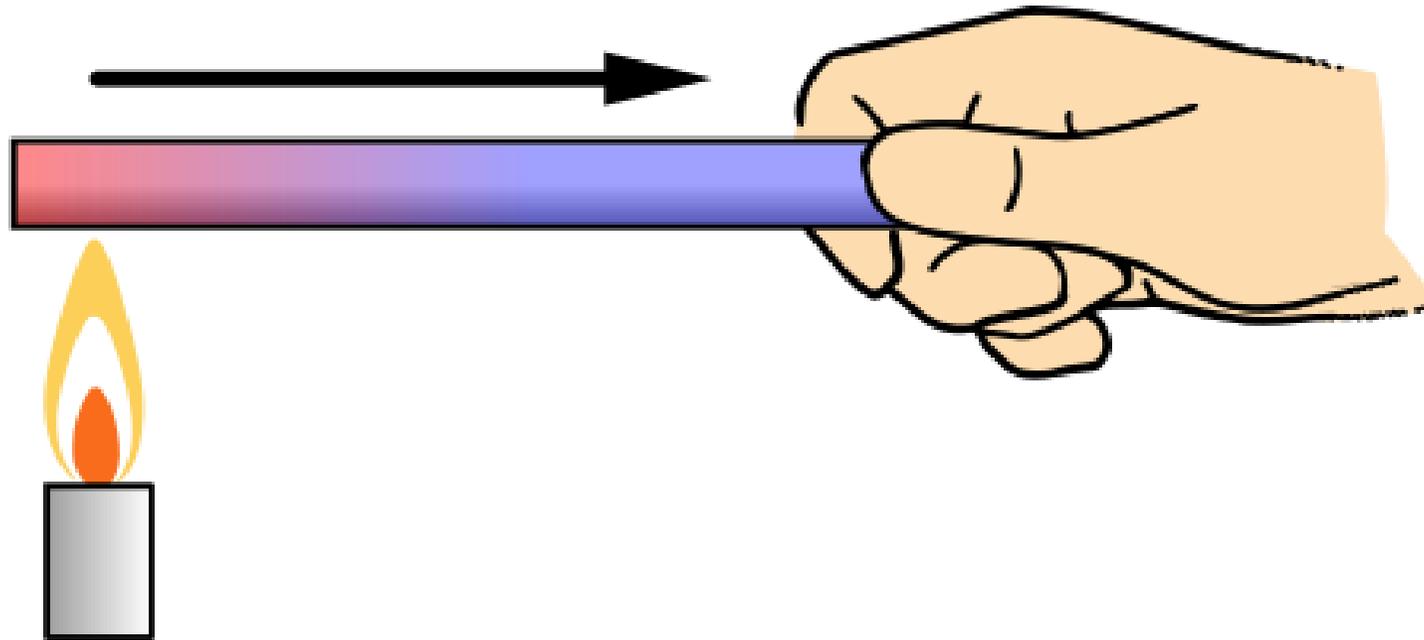


2.2. Heat Transfer and the Building Envelope

Module 2: Building energy fundamentals
Part 2

Objective: Describe the way control layers reduce energy transfer and how thermal performance is measured.

Methods of heat transfer: conduction



Will the flame burn your hand? It depends on whether the stick is a conductive material.

How would you rate these materials in order of highest to lowest conductivity?

Copper



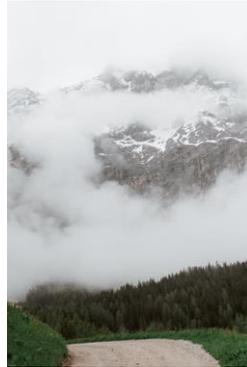
Styrofoam



Cotton



Air



Wood



Brick



Wool



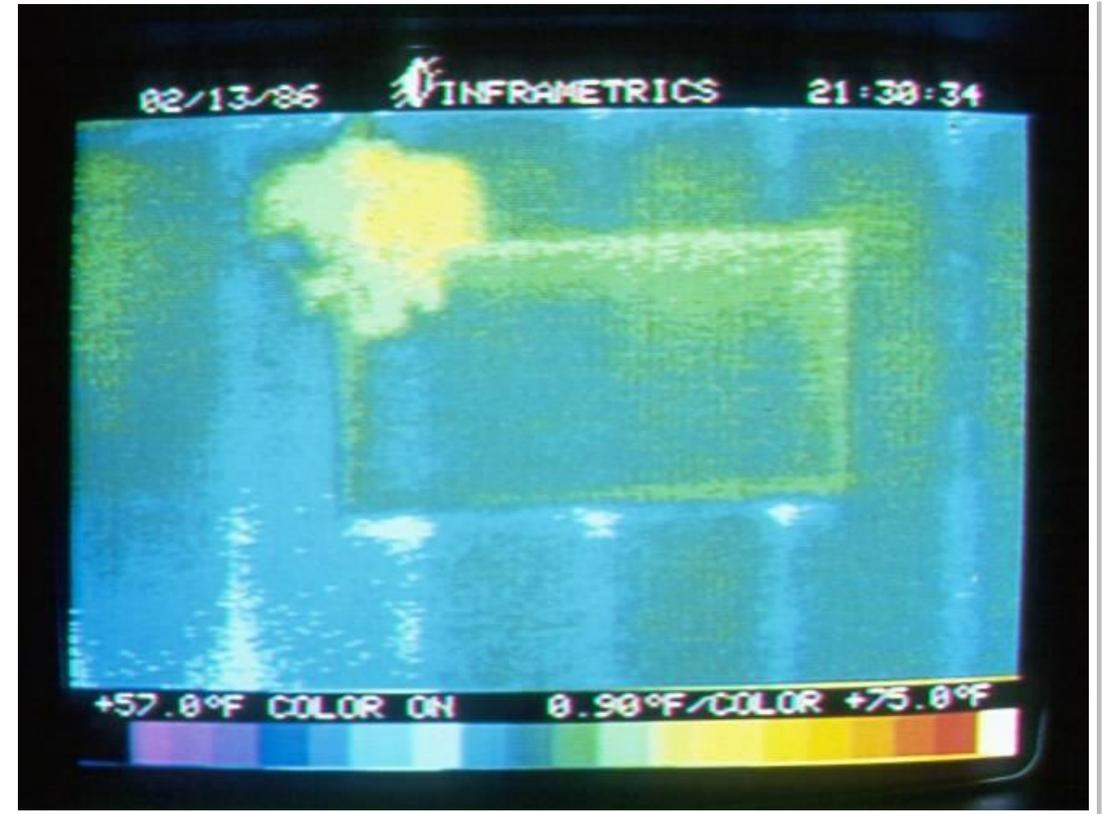
Stainless steel



Heat loss to outside



Inside view



How do we measure conduction?

R-value

- A material's **resistance** to heat flow
- The higher the R-value is, the better the insulative properties are (or less heat loss by conduction).



U-value vs. R-value

Both ways of measuring material property.

U-value: Predicts rate of heat transfer

R-value: Predicts resistance to heat transfer

$$U = 1/R \quad R = 1/U$$

<u>R-value</u>	=	<u>U-value</u>
1	=	1.00
2	=	.50
3	=	.33
4	=	.25

Typical R-values

<u>Material</u>	<u>R-value</u>
1" fiberglass batt	3
1" polyiso foam	6-7
1/2" drywall	0.45
1/2" plywood	0.62
2" lumber	1.45
8" poured concrete	0.64
8" poured hempcrete	16
concrete block	0.70-2.0
single glazed window	0.91-1
double glazed window	2-3

Calculating heat loss by conduction

- To calculate heat loss, you need to know:
 - U-value (U)
 - Area
 - Temperature difference between inside/outside
 - Time
- $Q = U \times A \times \Delta T \times t$
- $Q = \text{BTU}/\text{ft}^2\text{hr}^\circ\text{F} \times \text{ft}^2 \times ^\circ\text{F} \times \text{hr}$

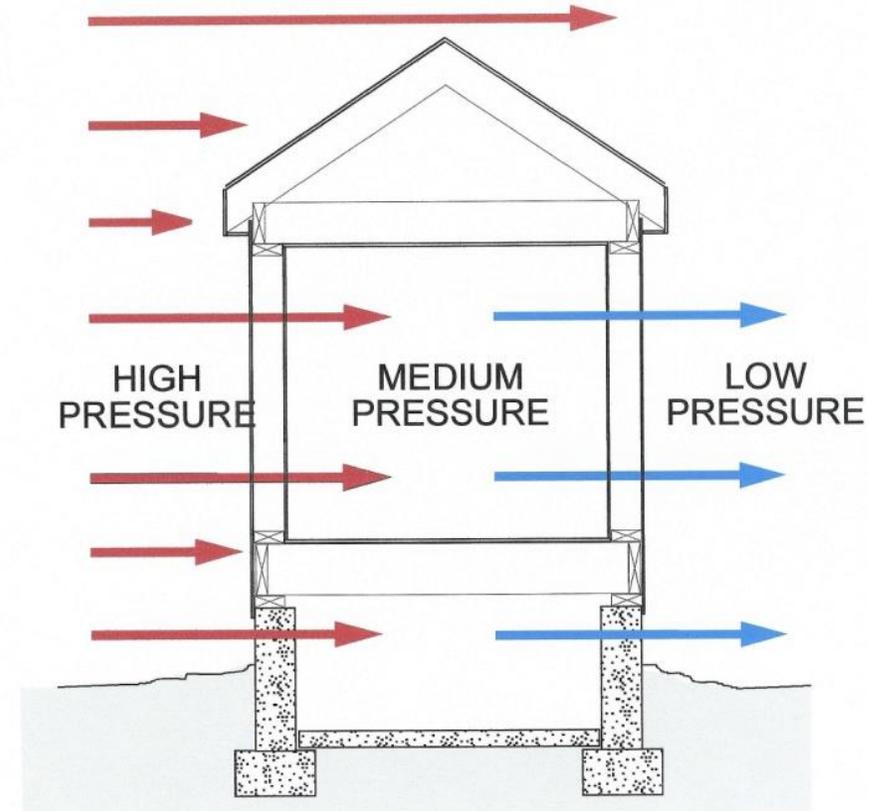


Forced convection

Air Infiltration

- Wind

WIND EFFECT



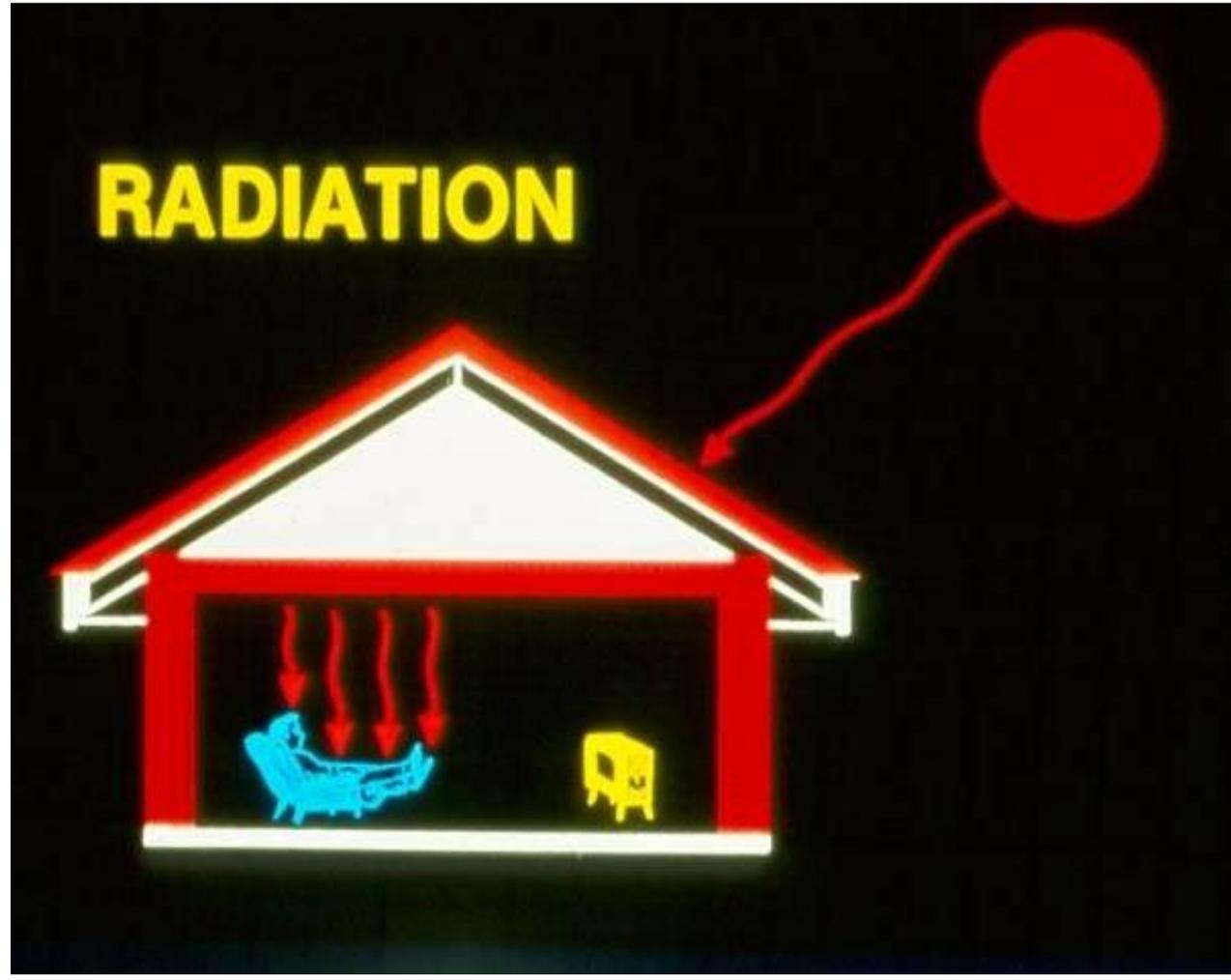
Good air sealing practice



Attic air leaks



Methods of heat transfer: radiation



Radiation

- Does not require any contact between heat source and heated object.
- The sun
 - The sun's heat comes to earth via radiation.
 - No air or materials in outer space
 - i.e., no conduction or convection



Surface temperature: stucco



Surface temperature: T-111



Radiant barrier



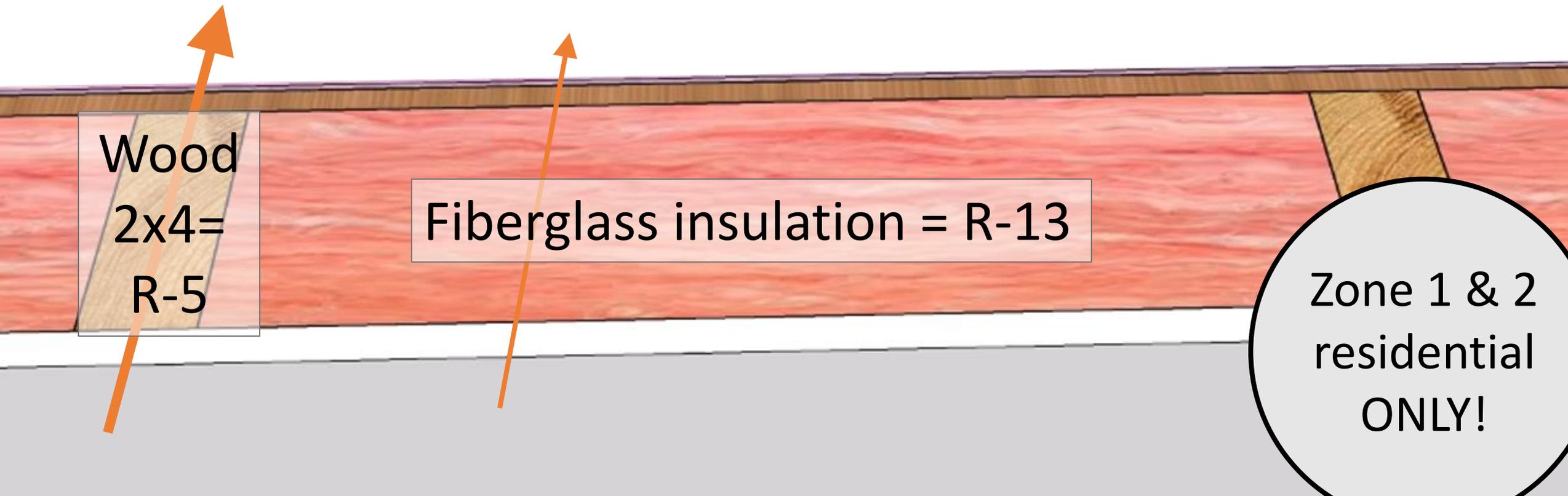
5.3 Air Barriers & Thermal Bridging

Module 5: Envelope & insulation fundamentals
Part 3

Objective: Understand ways energy moves in systems and its impact on thermal envelope design and code compliance.

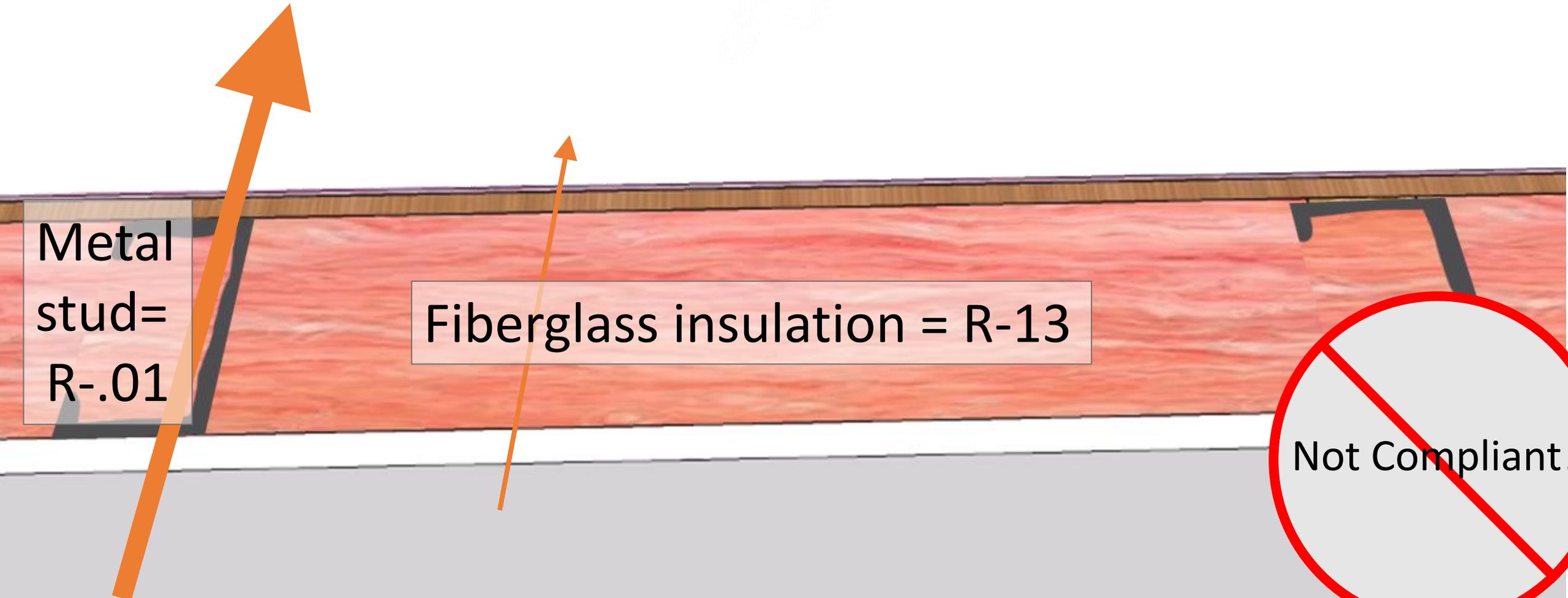
Thermal bridging

Thermal bridging occurs when materials with lower R-value interrupt insulation materials. For example, wood studs in a wall transmit more energy. Therefore, more insulation is required where a thermal bridge exists to limit total energy loss.



Why continuous insulation?

Metal studs conduct more heat. ASHRAE studies indicate that metal studs 16" on center reduce the effective R-value by 63%!



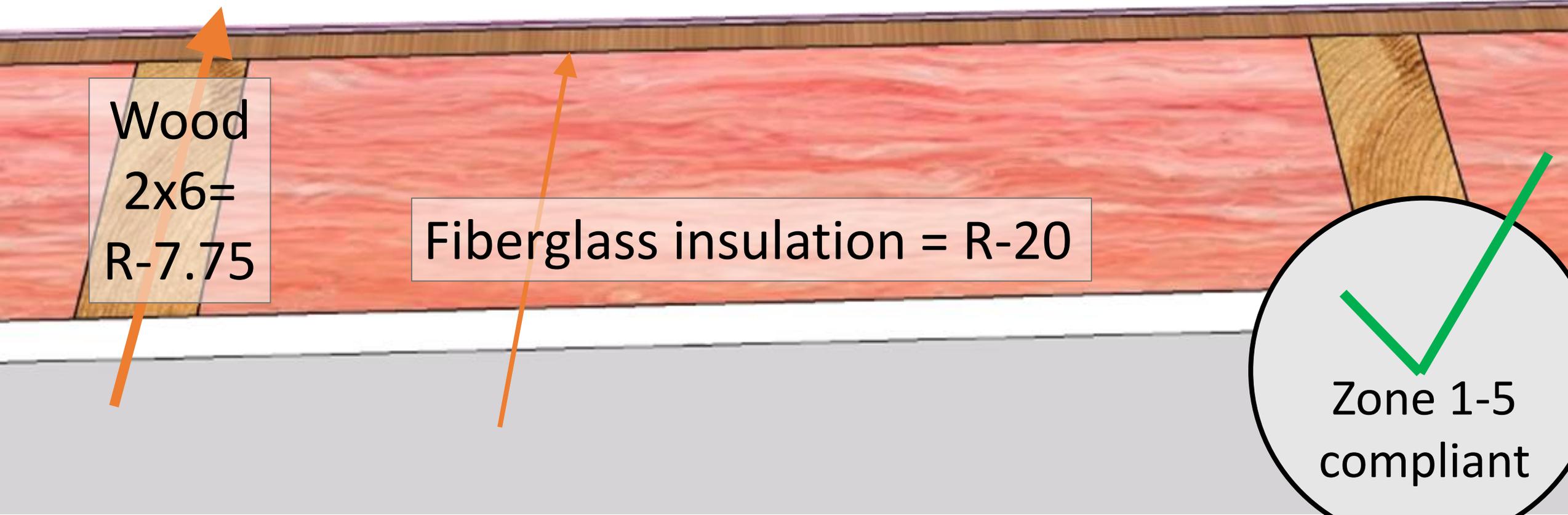
Metal
stud=
R-.01

Fiberglass insulation = R-13

Not Compliant

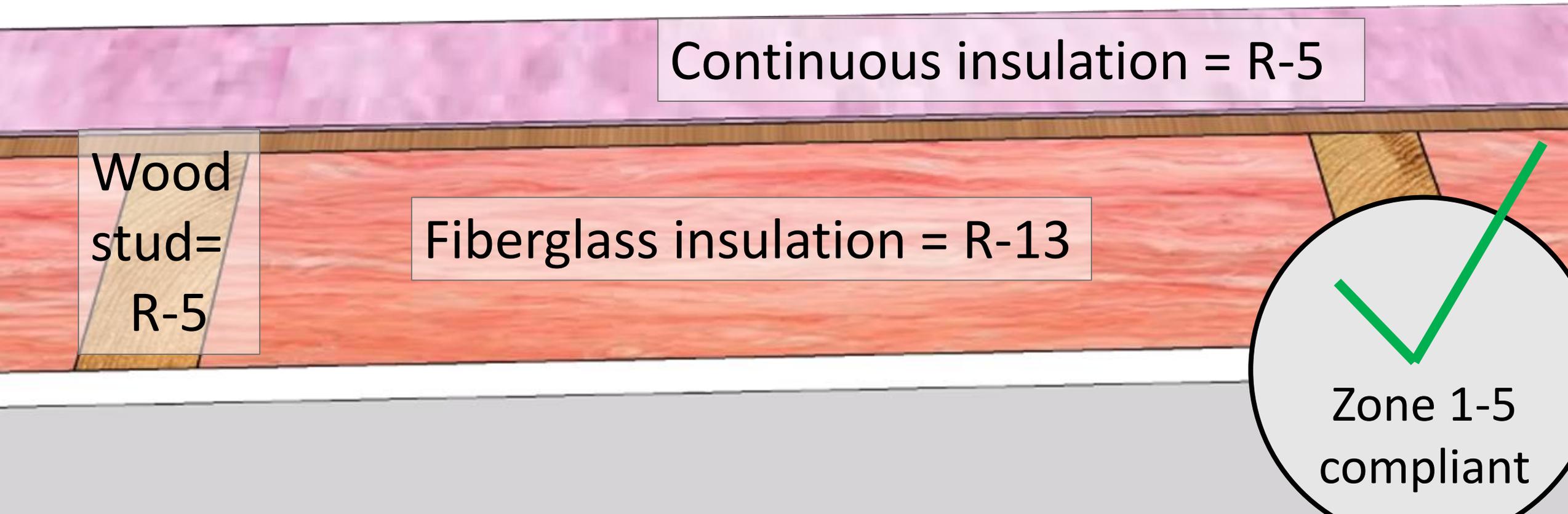
Solution 1 – Add thickness

Increasing the thickness and insulation value can create a code compliant wall without exterior insulation.



Why continuous insulation?

Continuous Insulation blocks the thermal bridge and increases performance. Therefore, the energy code allows lower overall R-value if continuous insulation is used. $R-13+R-5 < R-20$ but performs equally well because the thermal bridge is blocked. The U-values of each assembly is equivalent.



Wood
stud=
R-5

Fiberglass insulation = R-13

Continuous insulation = R-5

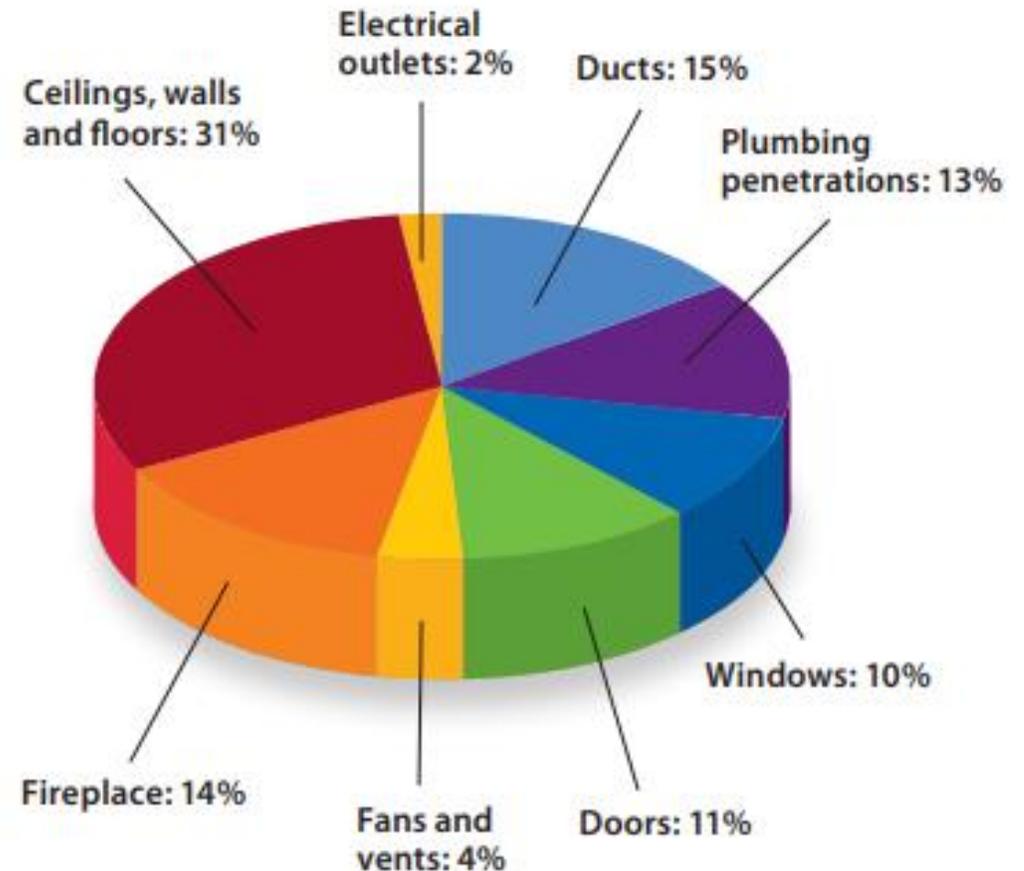
Zone 1-5
compliant

Prevent air leakage

Air infiltration: The **unintentional** introduction of **outside air** into a building.

Air exfiltration: The **unintentional** passage of **interior air** out of a building.

Sources of air leaks in a typical home



R402.4.1.2

Blower door testing

- Mandatory for residential construction
 - Residential air leakage rate not to exceed:
 - 5 ACH in Zones 1-2
 - 3 ACH in Zones 3-8
- @ 50 pascals



6.1 Walls & Openings Fundamentals

Module 6: Walls & Openings
Part 1

Objective: Describe how control layers work in a wall system, identify the control layers within a wall system, define thermal bridging, and identify the parts of the assembly that are inside and outside of the thermal envelope.

Wall insulation types: applied

Batt Insulation



R-Value/Inch: **2.9-3.3**

Cavity Continuous Both

\$/SF: **\$0.69** (3-1/2")

Rigid Insulation



R-Value/Inch: **3.8-4.7**

Cavity Continuous Both

\$/SF: **\$3.81** (3")

Spray Foam Insulation

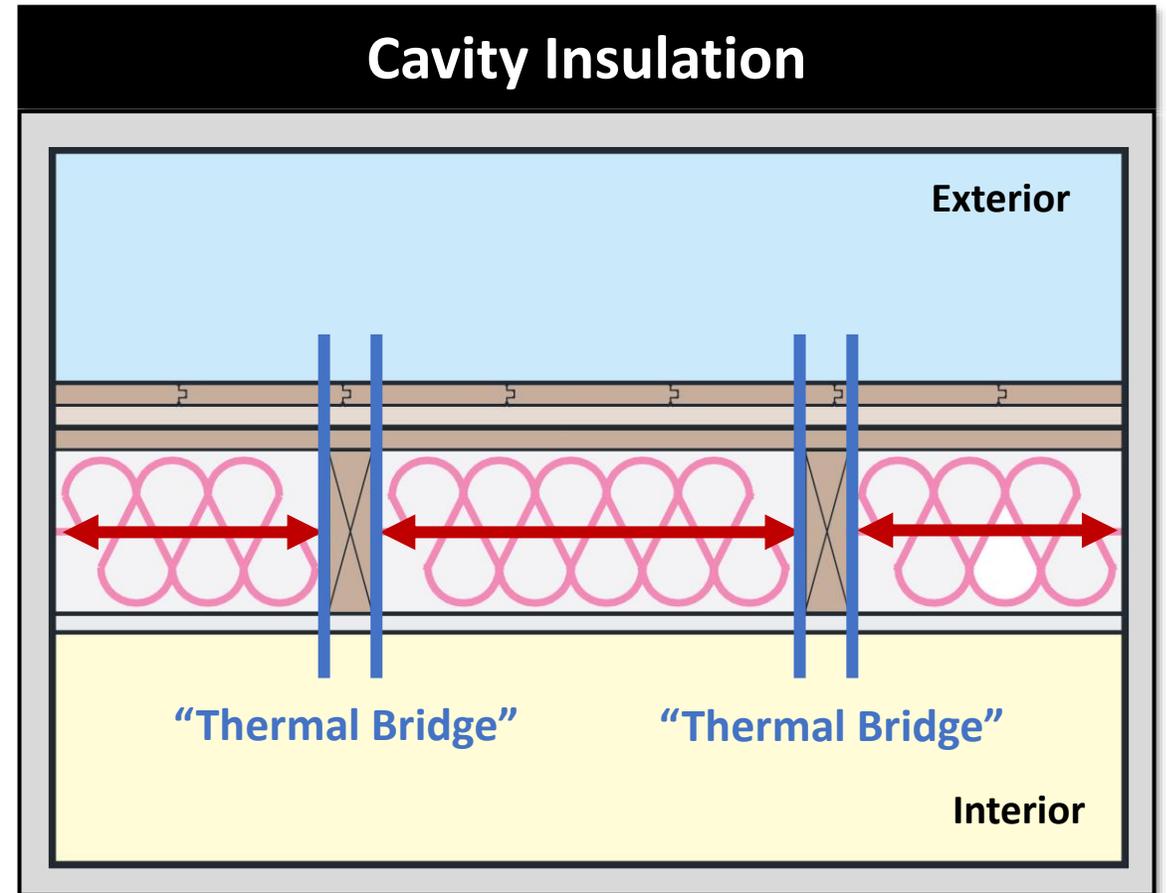
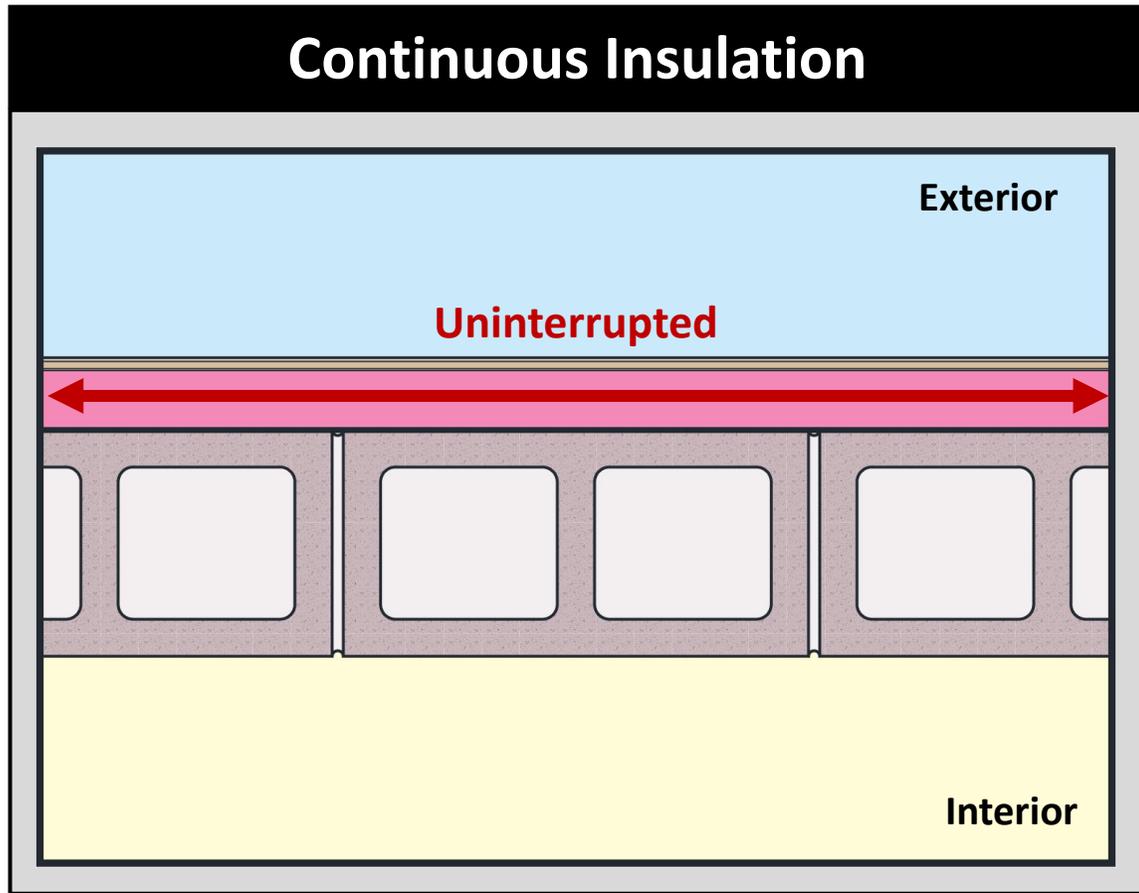


R-Value/Inch: **3.5-6**

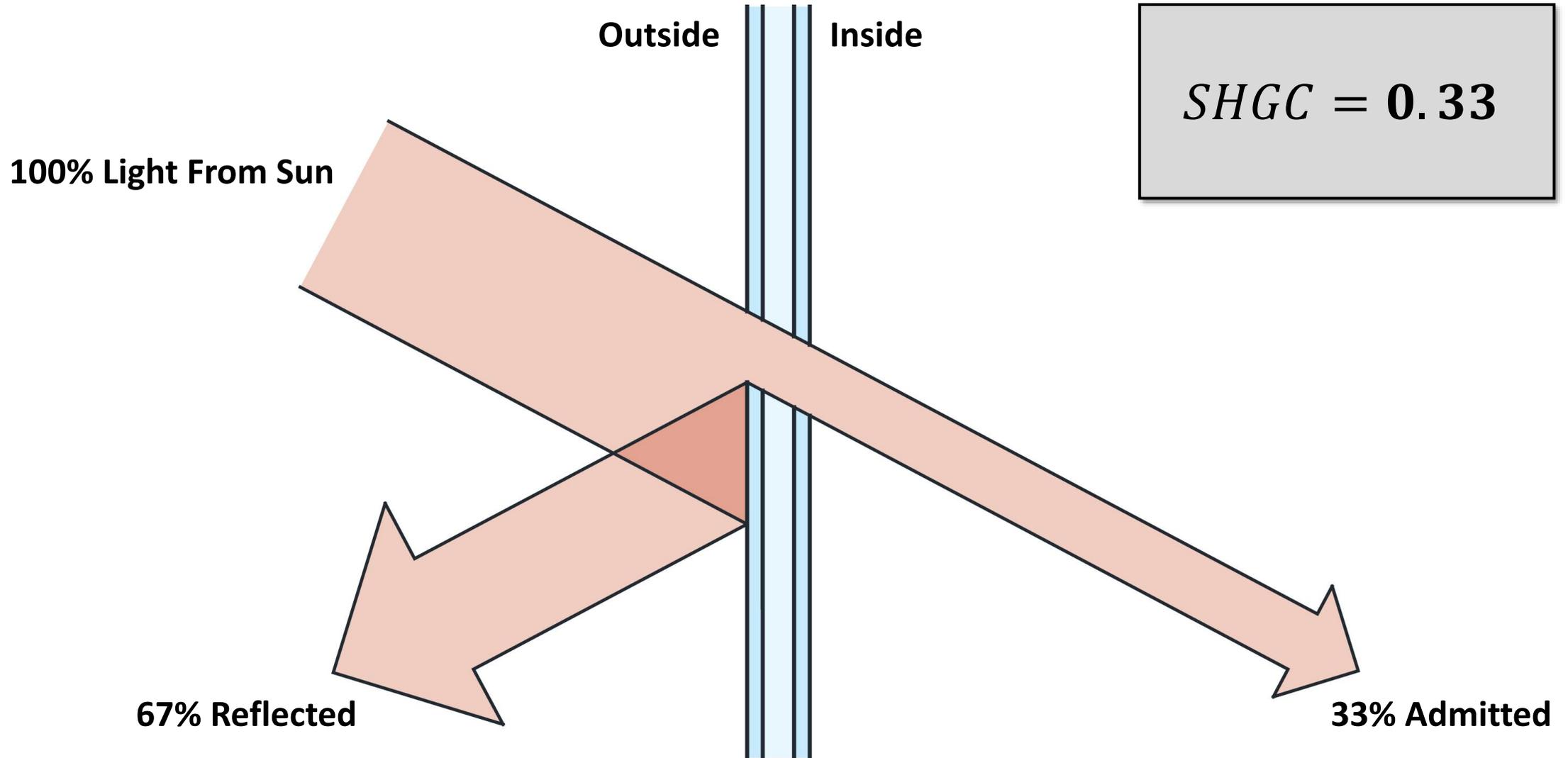
Cavity Continuous Both

\$/SF: **\$2.62** (3")

Continuous and cavity insulation



Solar heat gain coefficient



Windows and transparent doors

U-factor

$$u = \frac{1}{R}$$

 National Fenestration Rating Council® CERTIFIED	World's Best Window Co. Millennium 2000+ Vinyl-Clad Wood Frame Double Glazing • Argon Fill • Low E Product Type: Vertical Slider
ENERGY PERFORMANCE RATINGS	
U-Factor (U.S./I-P) 0.30	Solar Heat Gain Coefficient 0.30
ADDITIONAL PERFORMANCE RATINGS	
Visible Transmittance 0.51	Air Leakage (U.S./I-P) 0.2
Condensation Resistance 51	—
<small>Manufacturer stipulates that these ratings conform to applicable NFRC procedures for determining whole product performance. NFRC ratings are determined for a fixed set of environmental conditions and a specific product size. NFRC does not recommend any product and does not warrant the suitability of any product for any specific use. Consult manufacturer's literature for other product performance information. www.nfrc.org</small>	

**Solar Heat Gain
Coefficient**

$$SHGC = \frac{\text{Solar radiation admitted}}{\text{Solar radiation incident}}$$

7.1 Roofs & Ceilings

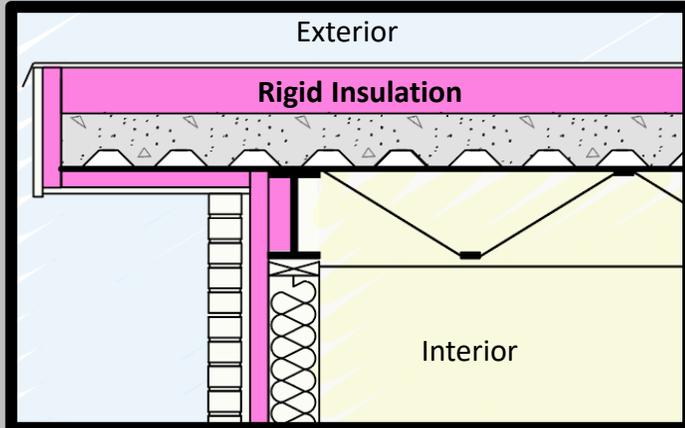
Module 7: Roofs & ceilings fundamentals

Part 1

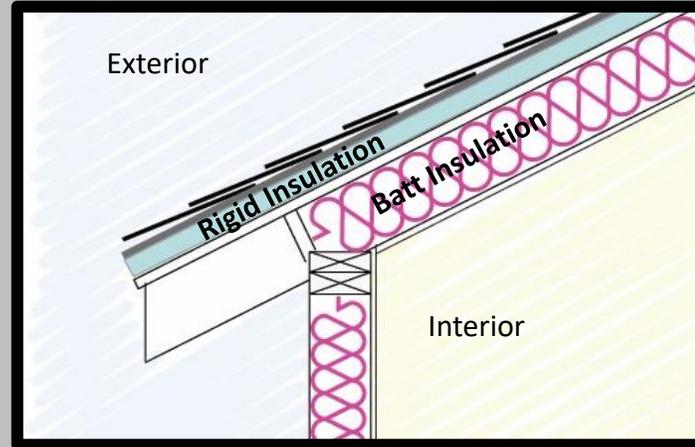
**Objectives: Identify the control layers within wall and roof assemblies.
Describe the parts of the assembly that are inside and outside of the
thermal envelope.**

Roof and ceiling insulation locations

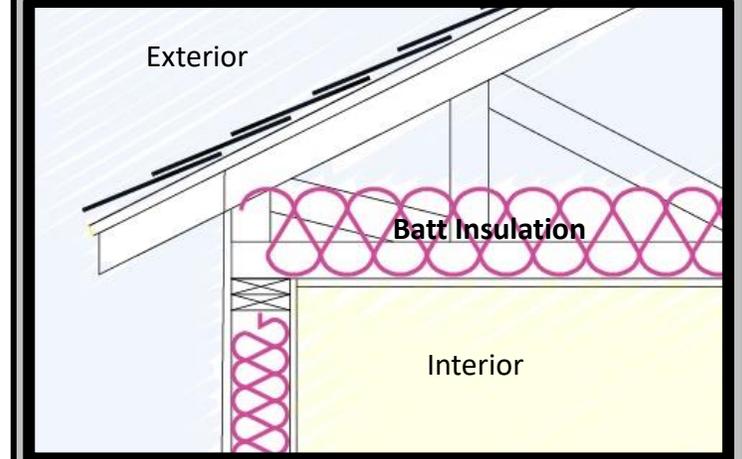
Insulation on exterior side



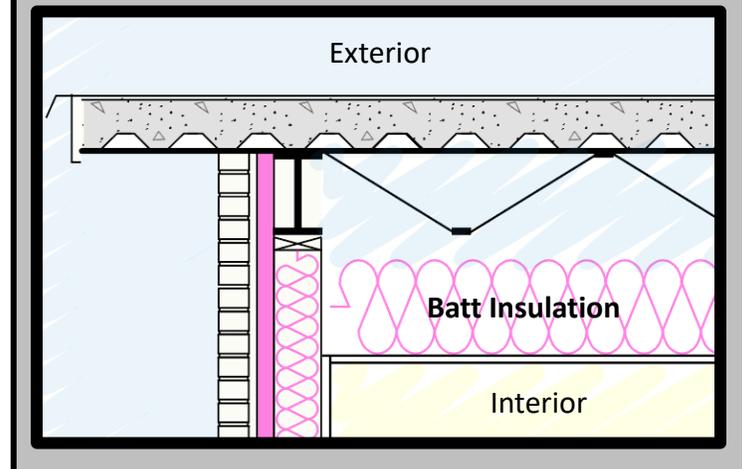
Combination



Insulation inside an attic

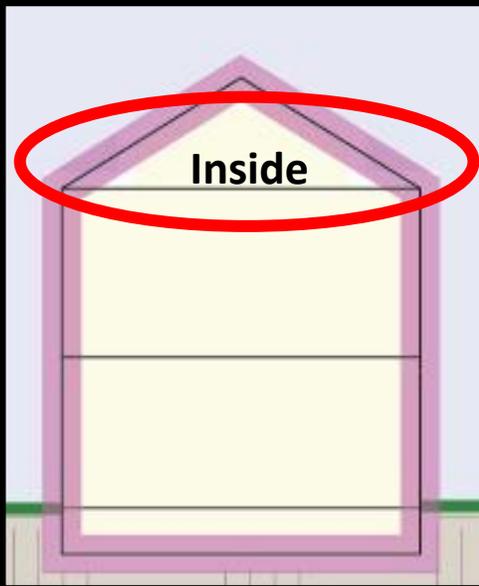


The bulk water control layer and the thermal and air barrier control layers are not necessarily in the same place.



Identifying the thermal envelope

Encapsulated attic

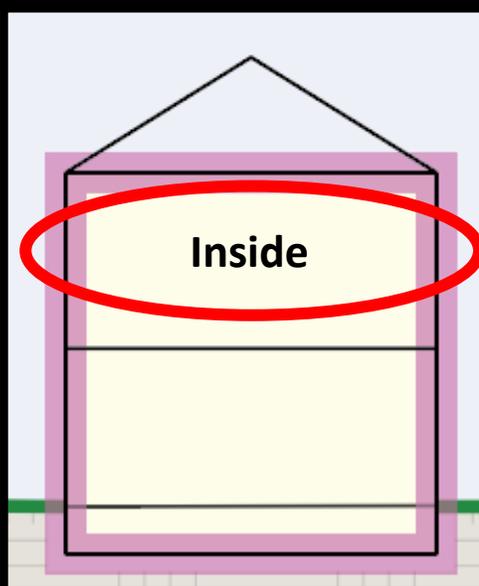


The thermal envelope is in line with the roof plane. The roof and attic are *inside* the thermal envelope.



Insulation is integrated into the roof system. Condensation of vapor must be mitigated by exterior insulation or with an air and vapor barrier.

Attic outside the thermal envelope



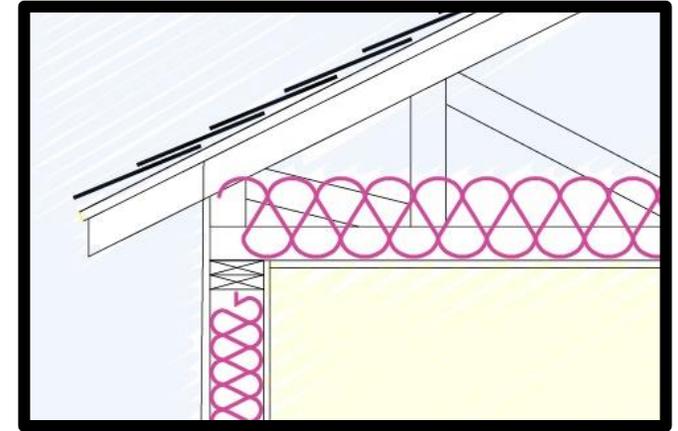
The thermal envelope is in line with the ceiling plane. The roof and attic are *outside* the thermal envelope.



Insulation is laid directly on the top of the ceiling. Vapor retarder, if present, must be located as not to trap moisture (varies based on climate).

Ceiling insulation types

Attic insulation



Loose fill

Cost - \$

R-value/inch:

- Cellulose ~ R-3.6
- Fiberglass ~ R-2.2
- Rockwool ~R-2.75



Cellulose insulation
being blown into an
attic

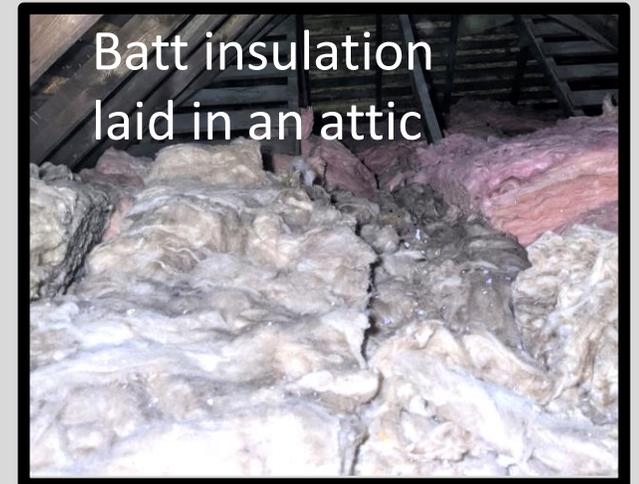
Loose-fill is generally composed of cellulose, fiberglass, or rock wool. It is typically blown in with a machine, as shown. Does not contain a vapor retarder. Air permeable.

Batt insulation

Cost - \$\$

R-value/inch:

- Rockwool ~ R-3.7
- Fiberglass ~ R-3.1



Batt insulation
laid in an attic

Batts are often of the same materials as loose-fill insulation but has a slightly higher R-value due to the composition of the fibers. It is installed by hand. Can incorporate a paper face vapor retarder.

Ceiling insulation types

Exterior Roof Insulation

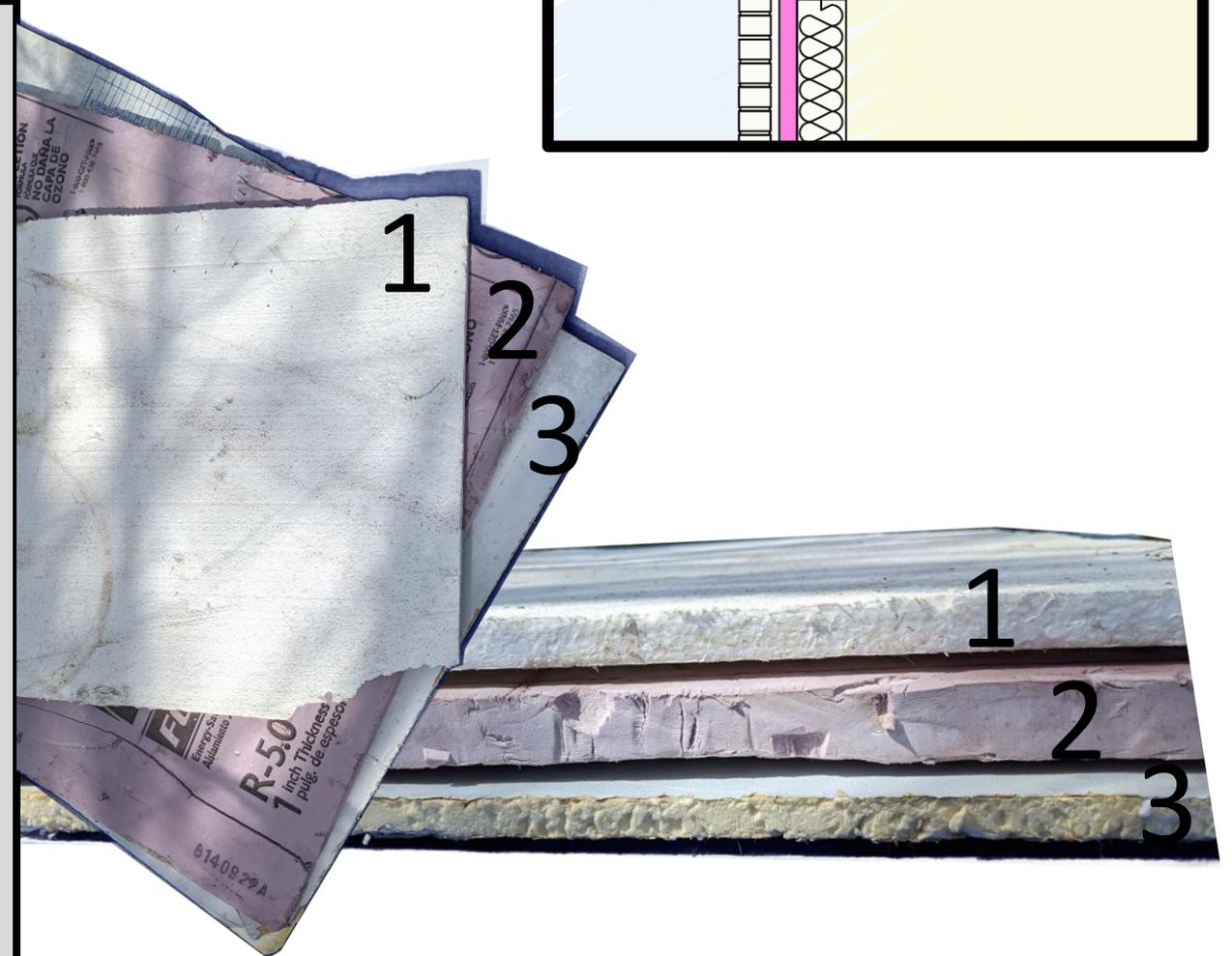
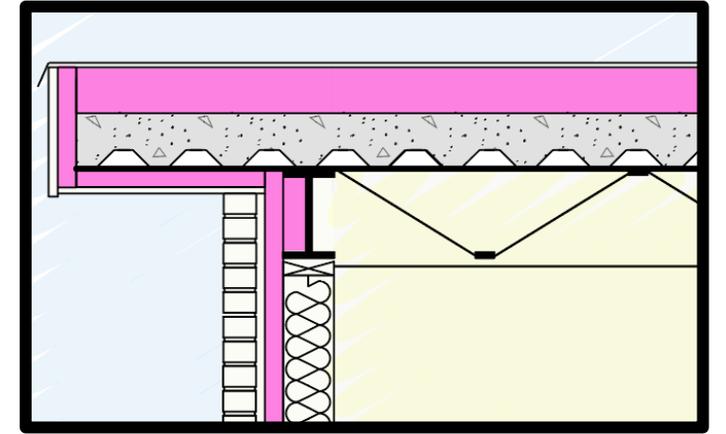
Rigid foam

Cost - \$\$\$

R-value/inch:

1. Polystyrene (bead board) ~ R-4
2. Extruded polystyrene (XPS) ~ R-5
3. Polyisocyanurate (polyiso) ~ R-6

Rigid foam insulation is commonly applied on the top of structural roof decking directly underneath the bulk water control layer. This is especially common in commercial buildings with low slope roofs but is also increasingly common on sloped roofs with vaulted ceilings or where the decking is exposed.



Roof insulation types

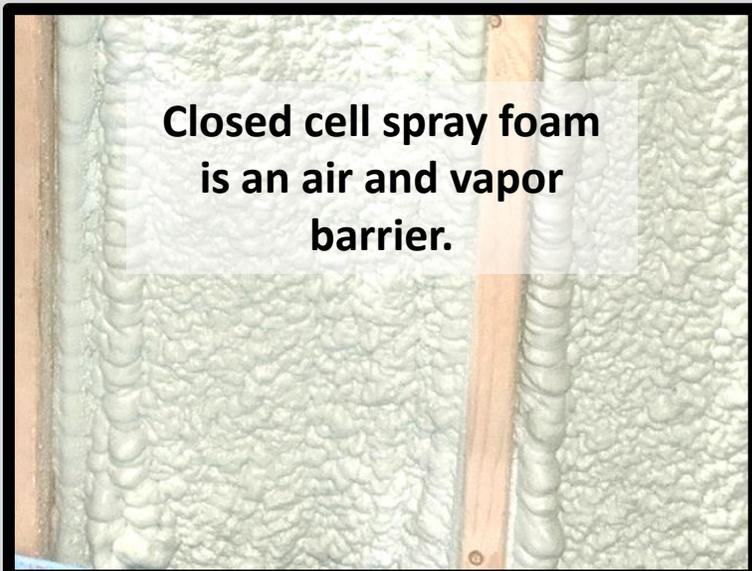
Interior & combination

Spray foam

Cost - \$\$\$\$

R-value/inch:

- Closed cell ~ R-7
- Open cell ~ R-3.8

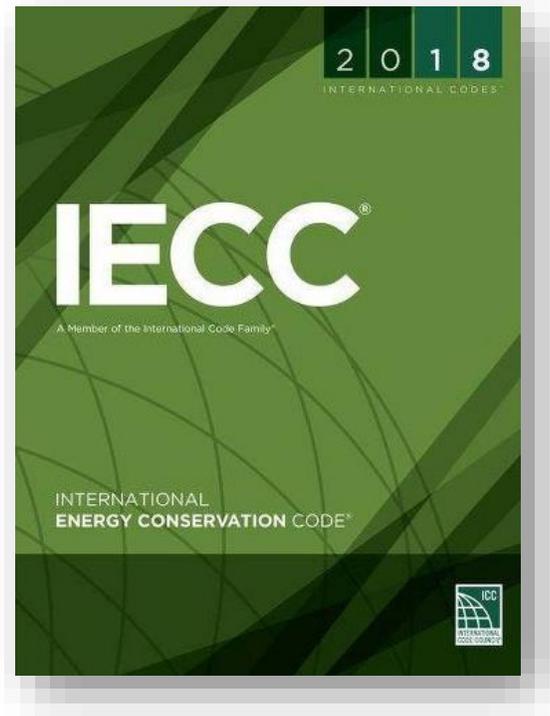


Closed cell spray foam
is an air and vapor
barrier.



Section 4

Energy code introduction



BEE Modules

3. Introduction to Energy Codes & Standards

- 3.1 What are Energy Codes and Standards
- 3.2 What is the Purpose of Energy Codes and Standards
- 3.3 What Energy Code Does Your State Use
- 3.4 Energy Code Adoption Process

4. Navigating Energy Codes & Standards

- 4.1 Accessing the Codes
- 4.2 Looking up Requirements
- 4.3 Energy Code Compliance Paths
- 4.4 The Approval/Permit Process



**Building
Energy
Education** fundamentals

3.1 What are Energy Codes & Standards?

Module 3. Introduction to energy codes & standards
Part 1

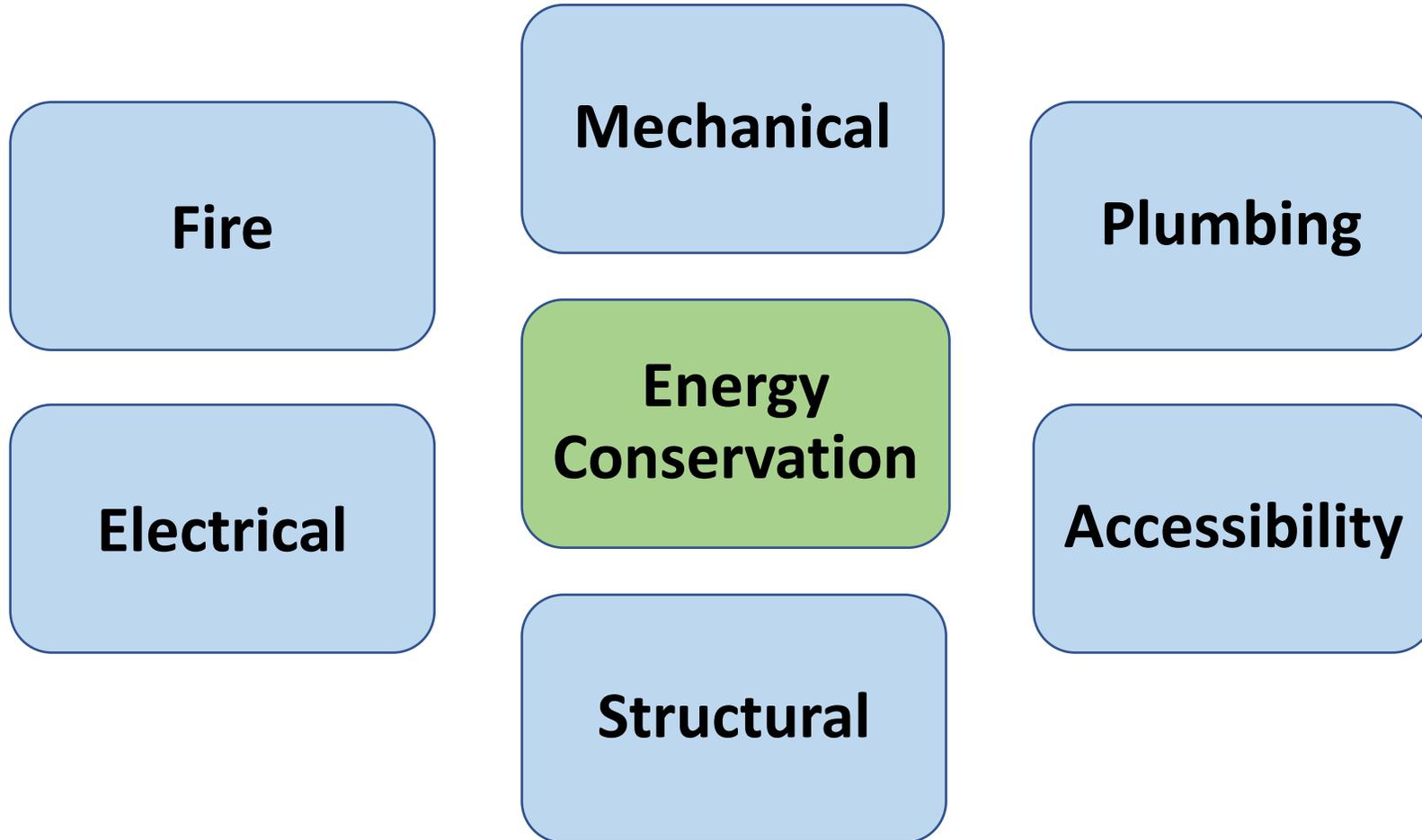
Objective: Define energy codes and list the professionals who apply and enforce building codes.

3.1 What are Energy Codes & Standards?

**Module 3. Introduction to energy codes & standards
Part 1**

Objective: Define energy codes and list the professionals who apply and enforce building codes.

Energy conservation code: one of many codes & standards



Codes & standards to make buildings safe, healthy & accessible:

- Fire
- Mechanical
- Plumbing
- Electrical
- Structural
- Zoning
- Accessibility
- More...

Codes & standards to save energy and money:

- Energy Conservation



Energy codes & standards apply to residential and commercial buildings



Residential

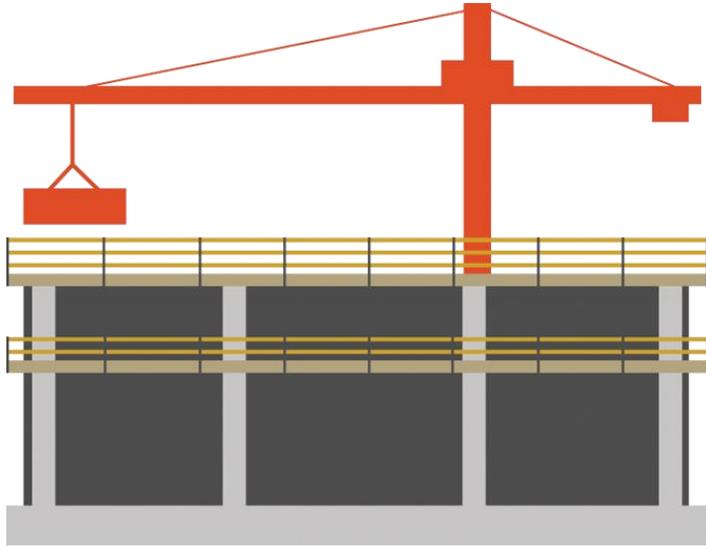
- A detached 1-2 family dwelling
- Multi-family housing 3 stories or lower (some codes differ)



Commercial

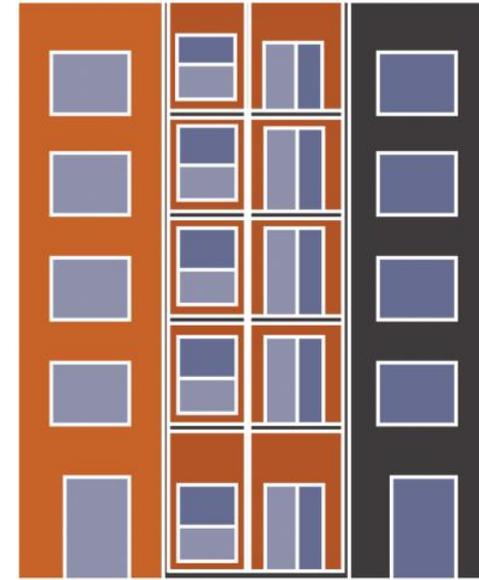
- Any commercial or public sector building
- Multi-family housing units 4 stories or higher (some codes differ)

Energy codes & standards apply to both new and existing buildings.



New Buildings

- Anything requiring a permit



Existing Buildings

- Any additions, alterations requiring a permit

Energy codes & standards make allowances for different climate zones that impact buildings.



versus



Image source: Pexels.com

Image source: Pexels.com

Energy codes affect design & construction



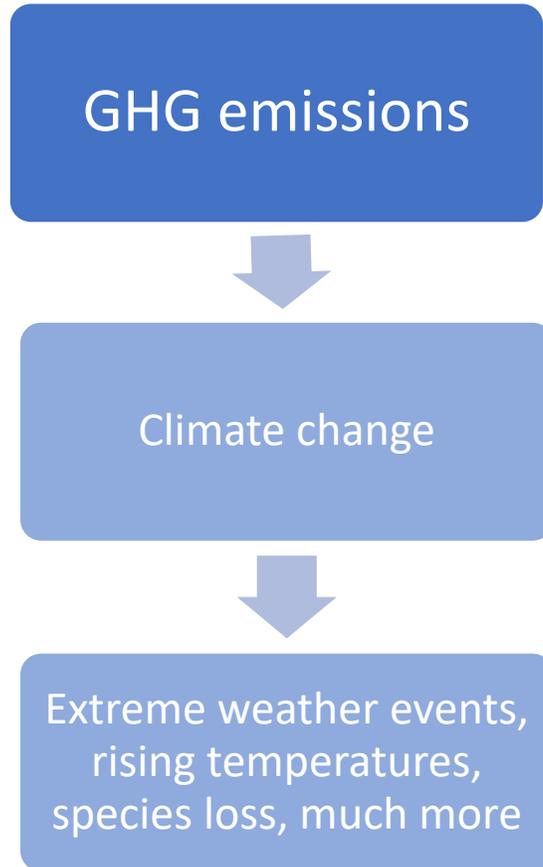
- Wall, floor, ceiling
- Doors, windows
- Heating, ventilating, & cooling systems & equipment
- Lighting systems & equipment
- Water-heating systems & equipment

3.2 What is the Purpose of Energy Codes & Standards?

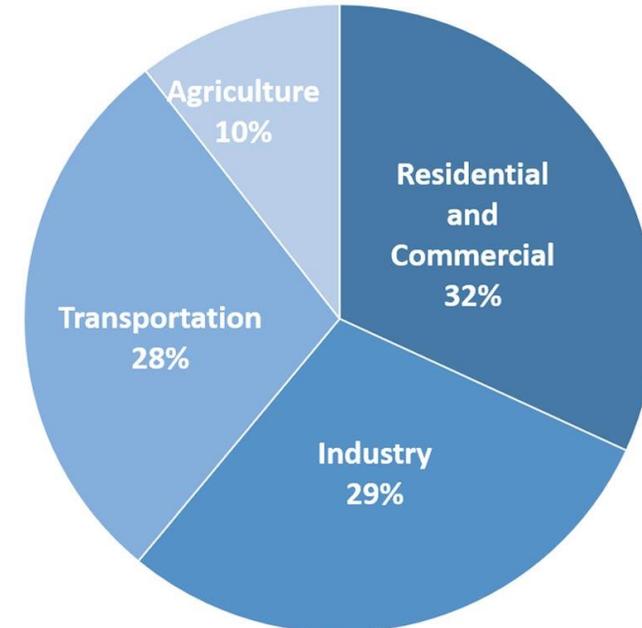
**Module 3: Introduction to energy codes & standards
Part 2**

Objective: Explain the purpose of energy codes & standards.

Building energy use makes up 32% of total U.S. greenhouse gas emissions.



Total U.S. Greenhouse Gas Emissions by Sector with Electricity Distributed



U.S. Environmental Protection Agency (2020). Inventory of U.S. Greenhouse Gas Emissions and Sinks: 1990-2018

<https://www.eia.gov/totalenergy/data/monthly/archive/00352004.pdf>

Energy codes: an opportunity to design for efficiency.

- It's easier and less expensive to make a building efficient from the start, rather than trying to make it more efficient later.
- Upfront design and construction decisions largely determine a building's efficiency.



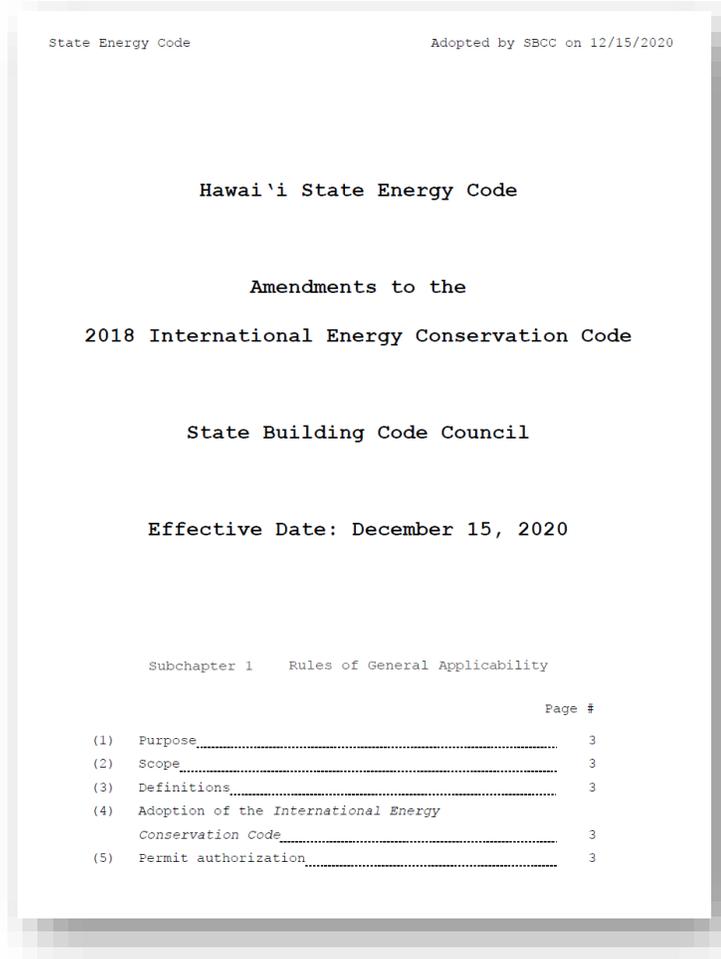
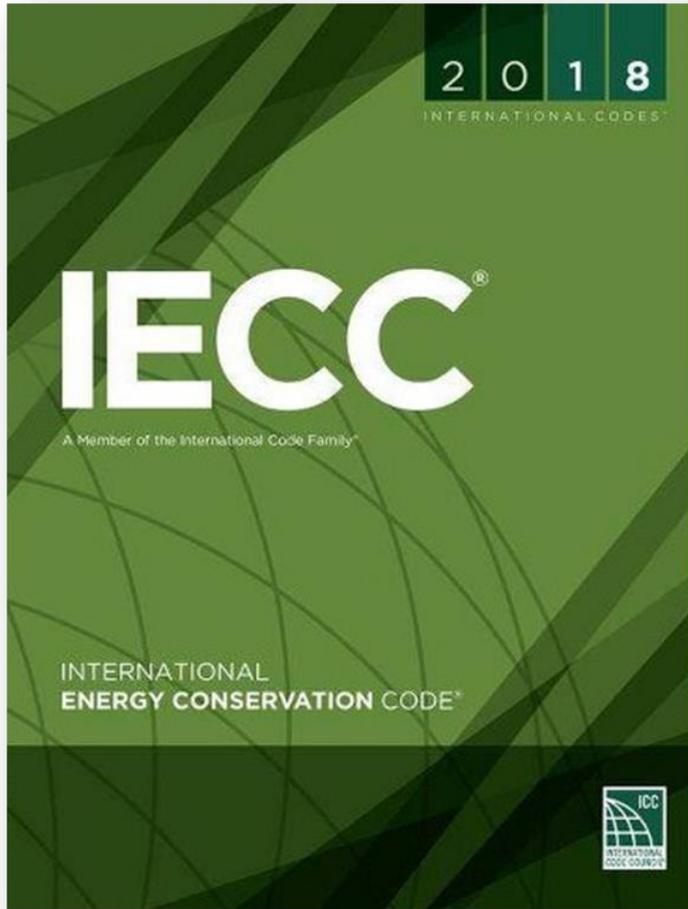
Building energy codes help reduce energy burden for households.

Your energy burden is the portion of your income you spend on energy bills.



<https://www.encyvermont.com/blog/our-insights/what-is-the-impact-of-energy-burden-in-vermont>

Hawaii Energy Code



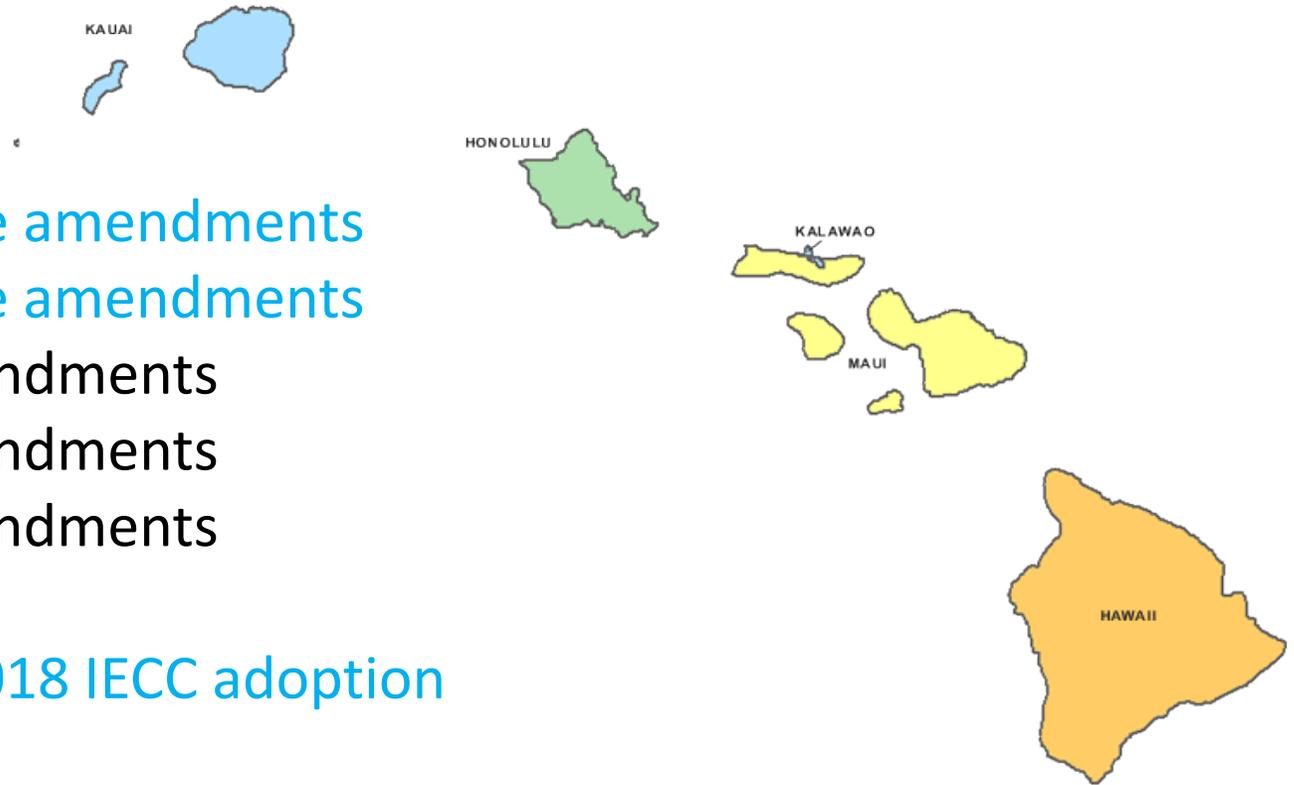
State amendments
12 pages

County amendments

Hawaii Energy Code Adoption

Current Status

State Buildings	2018 IECC with State amendments
Hawaii County	2018 IECC with State amendments
Honolulu County	2015 IECC with amendments
Kauai County	2015 IECC with amendments
Maui County	2015 IECC with amendments



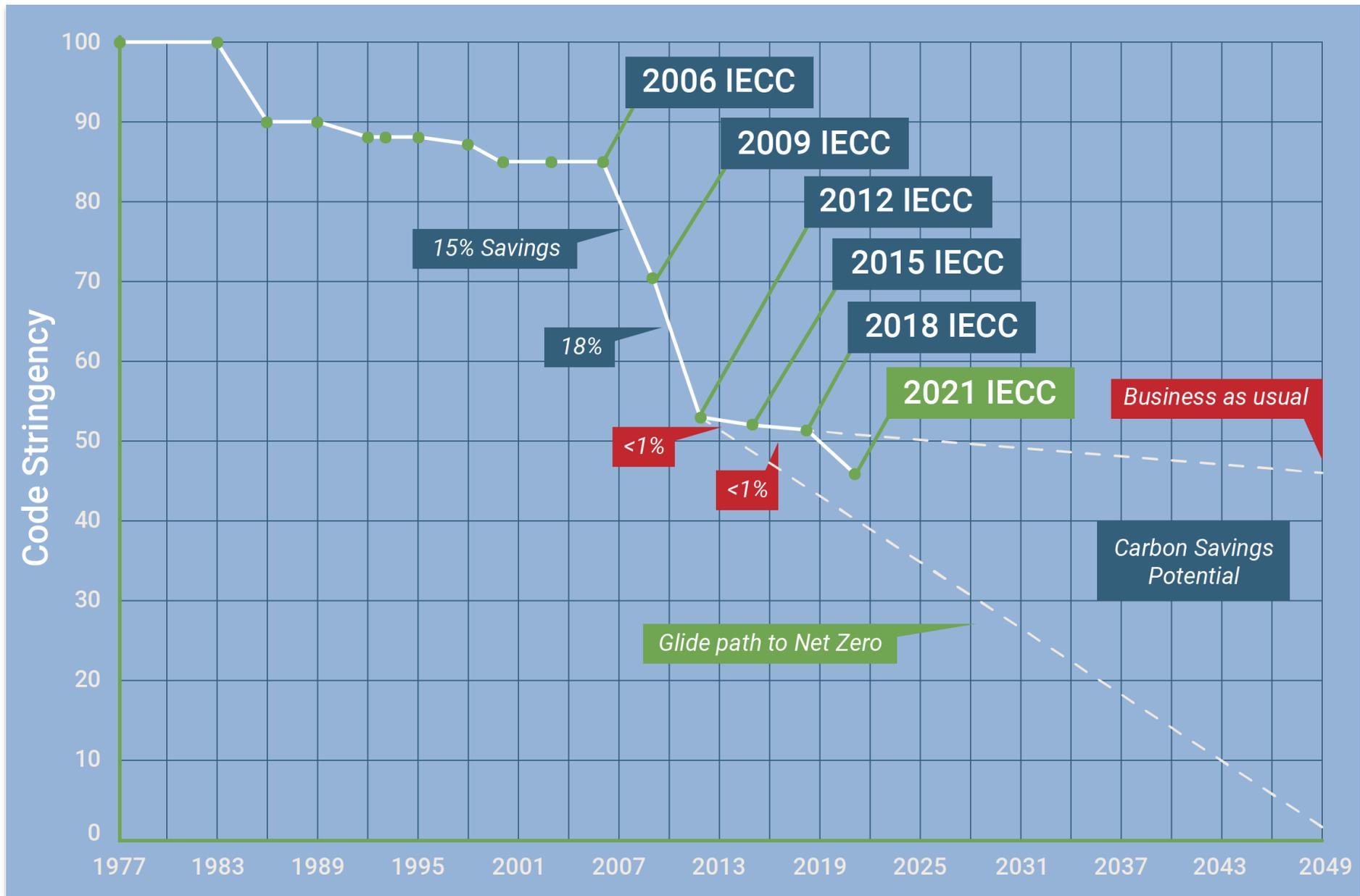
Dec. 15, 2022 – Deadline for County 2018 IECC adoption

State amendments

https://ags.hawaii.gov/wp-content/uploads/2021/01/soh_bcc_energycode_20201215.pdf

2018 IECC

<https://codes.iccsafe.org/content/iecc2018>



Source: Energy Efficient Codes Coalition. <https://energyefficientcodes.org/iecc/>

What's covered

Envelope

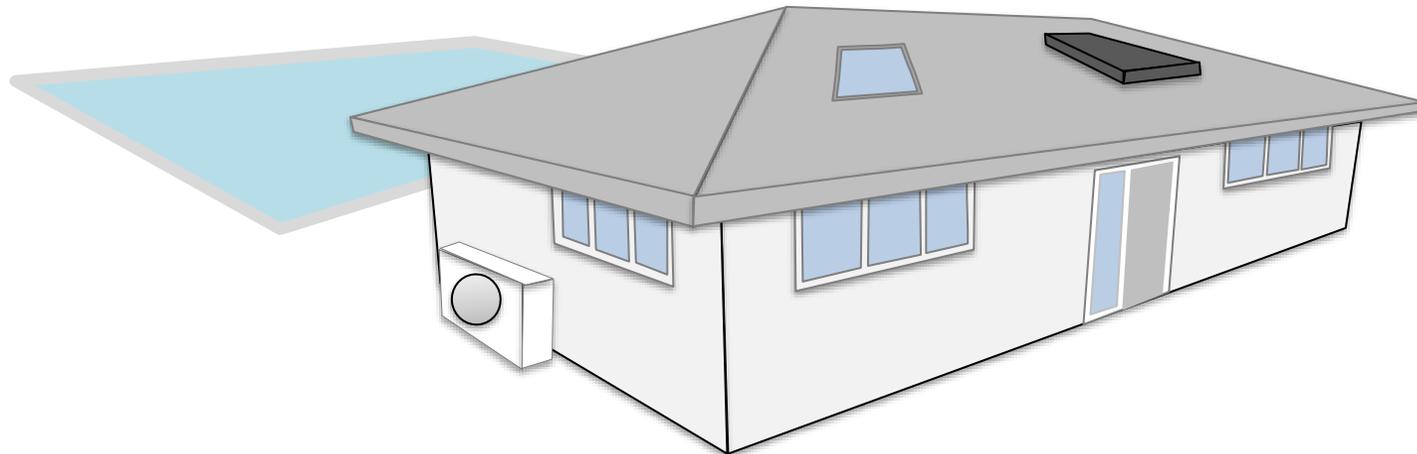
- Roof
- Walls
- Window & skylights
- Air leakage

Systems

- Air conditioning controls
- Duct insulation
- Duct leakage
- Water heating
- Swimming pool

Electrical

- Permanently installed lighting
 - Ceiling fan
 - ~~EV readiness~~
 - ~~PV readiness~~
- } Up to counties for 2018



Not covered

- AC efficiency
- Water heater efficiency
- Plug-in lighting
- Appliances

Compliance options - residential

1. Tropical Zone

- $\leq 50\%$ air conditioned
- not heated
- elevation $< 2,400$ feet



2. Prescriptive

- Envelope (+ Points Option)
- Systems
- Electrical power and lighting systems

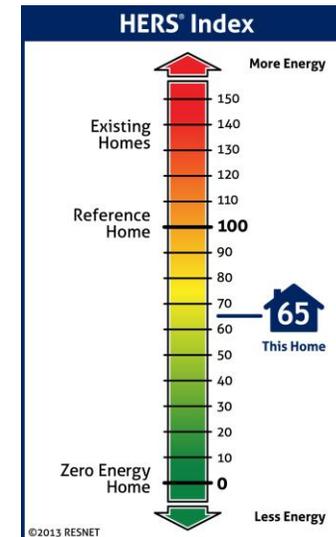
Climate Zone	Fenestration U-Factor	Skylight U-Factor	Glazed Fenestration SHGC	Ceiling R-Value	Wood Frame Wall R-Value	Mass Wall R-Value	Floor R-Value	Basement R-Value	Slab R-Value	Crawl Space Wall R-Value
1	NR	0.75	0.25	30	13	3/4	NA ¹	0	0	0

3. Simulated performance alternative

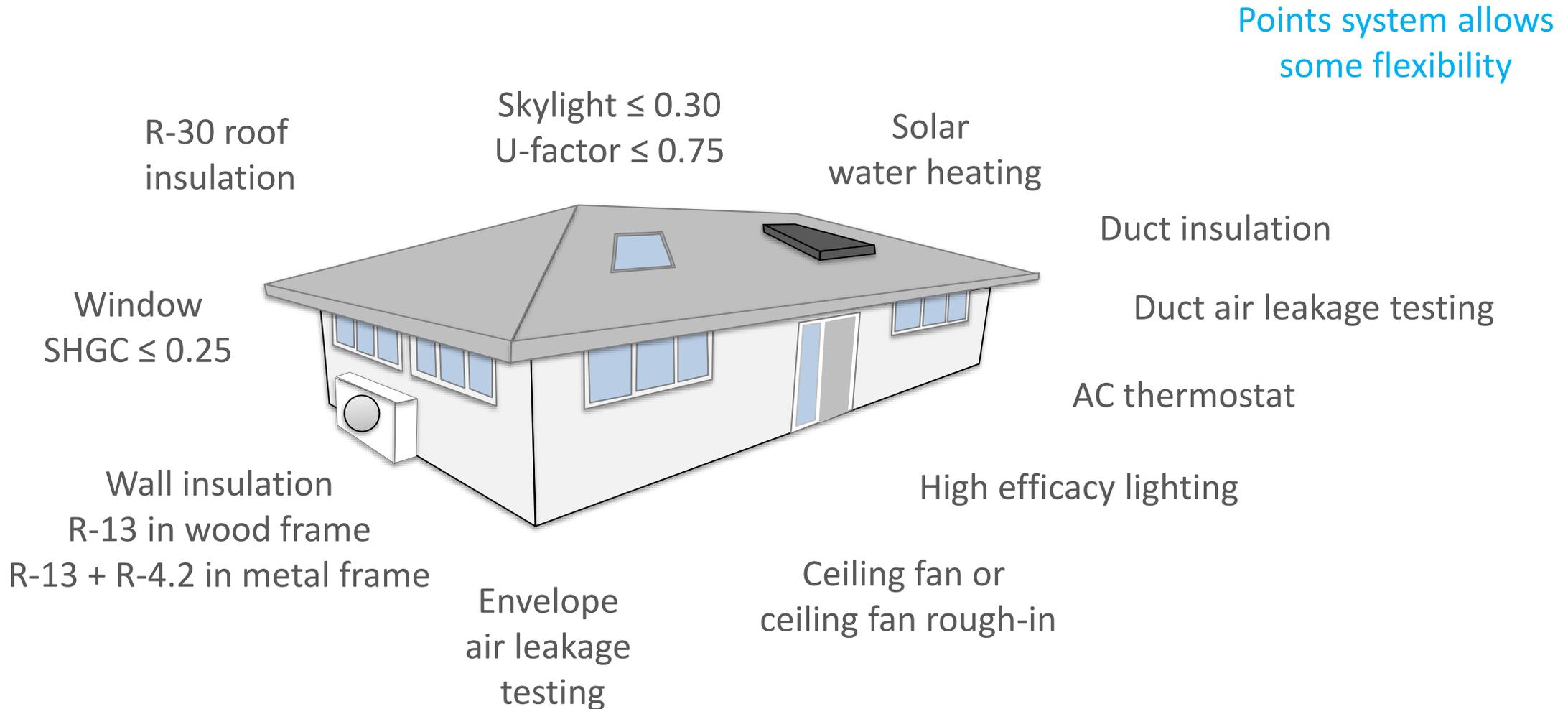
- Proposed design energy cost \leq standard reference design

4. Energy rating index (ERI)

- $ERI \leq 57$



Prescriptive



Tropical Zone

≤50% Air conditioned
Not heated
Elevation < 2,400 feet

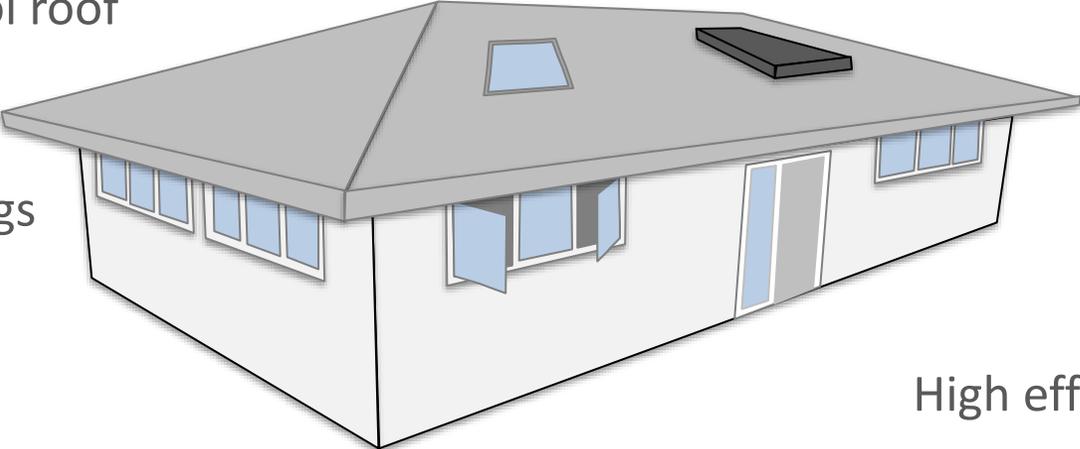


R-19 roof insulation or
R-13 + cool roof

Skylight
U-factor ≤ 0.75

Solar
water heating

Window overhangs
or SHGC limit



High efficacy lighting

Natural ventilation
openings $\geq 14\%$
of floor area

Ceiling fan or
ceiling fan rough-in

Checklist

RESIDENTIAL CHECKLIST IECC 2018 with State Amendments



This checklist covers requirements of the 2018 IECC with State-adopted amendments, approved in December 2020. Check with individual Counties for County-adopted versions of the code. See <https://energy.hawaii.gov/hawaii-energy-building-code>.

Red text in this checklist indicates changes between this 2018 version of the code and the previous 2015 IECC with Hawaii Amendments.

SCOPE

Detached one- and two-family dwellings and multiple single-family dwellings (townhouses) as well as Group R-2, R-3 and R-4 buildings three stories or less in height above grade plane. The code applies to new construction, additions and alterations. See a separate Commercial Checklist for high-rise residential and commercial buildings.

RESIDENTIAL COMPLIANCE OPTIONS

Tropical Zone	Prescriptive	Simulated Performance Alternative	Energy Rating Index Compliance Alternative
Allowed when: 1. ≤50% air conditioned, 2. not heated, and 3. elevation < 2,400 feet.	Includes three options for walls and roof compliance: 1. Prescriptive 2. Total UA (typically with ResCheck software) 3. Points option (added by Hawaii amendment)	Simulated energy performance analysis for heating, cooling and SHW. Proposed design must have annual energy cost less than or equal to energy cost of reference design.	Third-party Home Energy Rating System (HERS) calculation. Allows the designer to pick and choose from many efficiency options. Scores range from 100 to 0. The 100 score indicates compliance with the 2006 IECC. Each efficiency measure beyond 2006 lowers the score. A passing score for Climate Zone 1 is 57.
See Tropical Zone Checklist below	See Prescriptive Checklist below. See Points Option tables below.	See code Section R405	See code Section R406

CHECKLIST CONTENTS	PAGE
Tropical zone checklist	2
Prescriptive checklist	4
Additions and alterations checklist	8
Points option tables	11

Sponsor: Hawaii State Energy Office

Acknowledgment: This material is based upon work supported by the Department of Energy under Award Number EE0006986

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Checklist

PRESCRIPTIVE REQUIREMENTS CHECKLIST

Component/System	Requirement	Code Section	Plan Review Notes	Info on Plans
Roof – wood frame	<input type="checkbox"/> R-30, <input type="checkbox"/> U-0.035, <input type="checkbox"/> Total UA alternative, or <input type="checkbox"/> Points option	R402.1, R402.1.5, R407*	Some R-30 options: 10 in. batt insulation	<input type="checkbox"/> Insulation location on plans <input type="checkbox"/> Insulation R-value on plans
Roof – metal truss	<input type="checkbox"/> R-38, <input type="checkbox"/> U-0.035, <input type="checkbox"/> R-30 + R-3, <input type="checkbox"/> R-26 + R-5, <input type="checkbox"/> Total UA alternative, or <input type="checkbox"/> Points option	R402.1, R402.2, R402.1.5, R407*	Metal frame creates a thermal bridge, and more insulation is required. "R-3" and R-5" refer to continuous insulation, typically foam board.	<input type="checkbox"/> Insulation location on plans <input type="checkbox"/> Insulation R-value on plans
Roof – metal joist	<input type="checkbox"/> R-38 in 2x4, 2x6 or 2x8 framing, <input type="checkbox"/> R-49 in any framing <input type="checkbox"/> Total UA alternative, or <input type="checkbox"/> Points option	R402.1, R402.2, R402.1.5, R407*		<input type="checkbox"/> Insulation location on plans <input type="checkbox"/> Insulation R-value on plans
Wall – wood frame	<input type="checkbox"/> R-13, <input type="checkbox"/> U-0.084, <input type="checkbox"/> Total UA alternative, or <input type="checkbox"/> Points option	R402.1, R402.1.5, R407*	Some R-13 options: <ul style="list-style-type: none"> • 3.5 in. batt insulation • 2 to 3.5 in. spray foam 	<input type="checkbox"/> Insulation location on plans <input type="checkbox"/> Insulation R-value on plans
Wall – metal frame	Framing 16 in. on center: <input type="checkbox"/> R-13 + R-4.2 <input type="checkbox"/> R-21 + R-2.8 Framing 24 in. on center: <input type="checkbox"/> R-13 + R-3.0 <input type="checkbox"/> R-15 + R-2.4 <input type="checkbox"/> Total UA alternative, or <input type="checkbox"/> Points option	R402.1, R402.2, R402.1.5, R407*	Requires insulation in framing cavity plus a layer of continuous insulation (typically foam board).	<input type="checkbox"/> Insulation location on plans <input type="checkbox"/> Insulation R-value on plans
Wall – mass (CMU or concrete)	<input type="checkbox"/> R-3 exterior, <input type="checkbox"/> R-4 interior, <input type="checkbox"/> U-0.197, <input type="checkbox"/> Exterior reflectance ≥ 0.64 , <input type="checkbox"/> Overhang projection factor ≥ 0.3 , <input type="checkbox"/> Mass wall thickness ≥ 6 inches, <input type="checkbox"/> Total UA alternative, or <input type="checkbox"/> Points option	R402.1*	Requires either exterior or interior insulation, typically foam board. CMU integral insulation does not comply. Hawaii amendments add several alternatives .	<input type="checkbox"/> Insulation location on plans <input type="checkbox"/> Insulation R-value on plans

Asterisk = State amendment

Red text = change vs. 2015

Recorded webinars

Hawaii 2018 IECC residential 2021 05 12 Watch later Share

2018 IECC with Hawaii Amendments
Low-rise Residential Requirements

Webinar
May 12, 2021

Presentation Collaborators

HAWAII STATE Energy Office AIA Honolulu ASHRAE Hawaii Chapter

Watch on YouTube ai'i Energy HAWAII BOMA HAWAII

Hawaii 2018 IECC commercial 2021 05... Watch later Share

2018 IECC with Hawaii Amendments
Commercial and High-rise Residential Requirements

Webinar
May 19, 2021

Presentation Collaborators

HAWAII STATE Energy Office AIA Honolulu ASHRAE Hawaii Chapter

Watch on YouTube ai'i Energy HAWAII BOMA HAWAII

HAWAII ENERGY BUILDING CODE TRAINING

The Hawaii State Energy Office and allied professional organizations sponsor free training sessions on energy building code requirements.

[April 29, 2022: Train-the-Trainer Workshop – Building Energy Education Fundamentals](#)

[April 2022: Three Webinars on Building Energy Efficiency Fundamentals and Energy Code Basics](#)

[December 9, 2021: Complying With the Energy Code – 2018 IECC with Hawaii Amendments](#)

[December 2, 2021: Zero Energy Home Design](#)

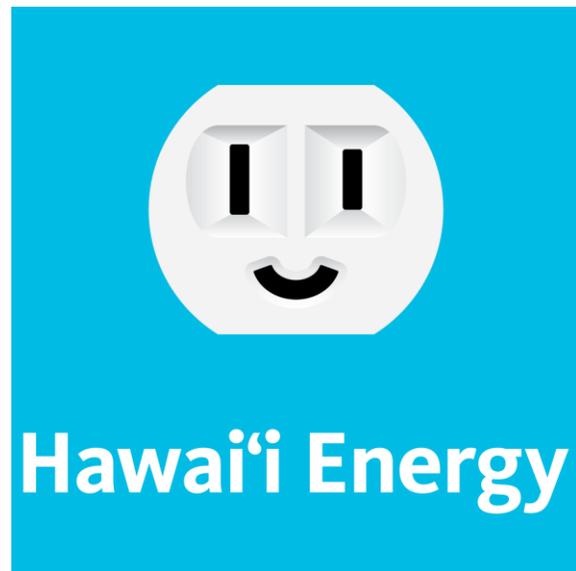
[May 2021: Low-rise and Commercial, High-rise Residential Requirements](#)

[July 2020: Dueling UV Pulses: The Most Efficient Way of Zapping the COVID Virus?](#)

<https://energy.hawaii.gov/building-code-training>

Section 5

Hawaii Energy





Hawai'i Energy

Residential Energy Efficiency Programs

New Construction | Direct Installation | In-home Retrofit

Justin Bizer

AFFORDABILITY & ACCESSIBILITY PROGRAM SUPPORT SPECIALIST

JUSTIN.V.BIZER@LEIDOS.COM



Hawai'i Energy

HawaiiEnergy.com

Residential Programs Overview

(New & Existing)
COMMUNITY-BASED
ENERGY EFFICIENCY



RESIDENTIAL NEW CONSTRUCTION

New construction & major renovation projects can receive rebates for incorporating energy-efficient features into building designs and exceeding building code requirements.

Whole Building Approach

Systems Approach



Hawai'i Energy

[HawaiiEnergy.com](https://www.hawaiienergy.com)

WHOLE BUILDING APPROACH (WBA)

About

- Holistic approach to building design
- Analyze building performance as a whole, by incentivizing developer to provide a Design Energy Model
- Leverage Design Team's ability to optimize interactive efficiency effects of the various building systems

Requirements

- WBA projects must incorporate a minimum of **three energy efficiency measures** (EEM) from at least two of the following systems: lighting, envelope, and mechanical

SYSTEMS APPROACH (SA)

About

- Encourage designers to optimize the EE of the systems within a building.
- Most appropriate for **less complex projects**, in-unit and common area systems
- For those whose systems that were designed at different times.
- Does not include EE built into Envelope

Requirements

- Provide a straightforward approach to **identify potential EE options and impacts** for common building systems.
- Each system **needs to exceed current IECC minimum** thresholds.

RESIDENTIAL NEW CONSTRUCTION (IN UNIT SYSTEMS)

SYSTEMS APPROACH (Single Family (Detached))

Minimum Requirements

85% LED Lighting

50% ENERGY STAR® Appliances Installed

ENERGY STAR® certified (refrigerator, dishwasher, clothes washer, and clothes dryer)

Optional Incentives

High SEER A/C (Window, VRF, Central)

Smart Thermostats

Ventilation Fans (whole house fan)

Custom EE Systems exceeding IECC (e.g. SWH for Multifamily)





Kūlia at Ho‘opili



- In-Unit ENERGY STAR Lighting
- Solar Water Heating
- ENERGY STAR Refrigerators
- ENERGY STAR Window A/C
- Community Center ENERGY STAR Lighting

“D. R. Horton’s Ho‘opili is a thoughtfully designed master-planned community that offers Kūlia residents schools, shopping, and parks all within walking distance.”



Kūlia must comply with a variety of government funding programs. Household incomes cannot exceed 60% of Honolulu's current median incomes.

- Spacious 1, 2, and 3 bedroom floor plans
- Walnut wood veneer solid cabinets
- Cultured marble countertops
- Solar water heating
- Energy efficient appliances and lighting
- Ceiling fans and air conditioned living room
- Vinyl plank simulated wood floors
- Assigned parking stalls



KULIA PROJECT ESTIMATED ENERGY SAVINGS

Estimated Total Annual kWh Savings

3,035 kWh / Avg. Per Unit / Per Year
396,621 kWh 1st Year Project Savings

Oahu

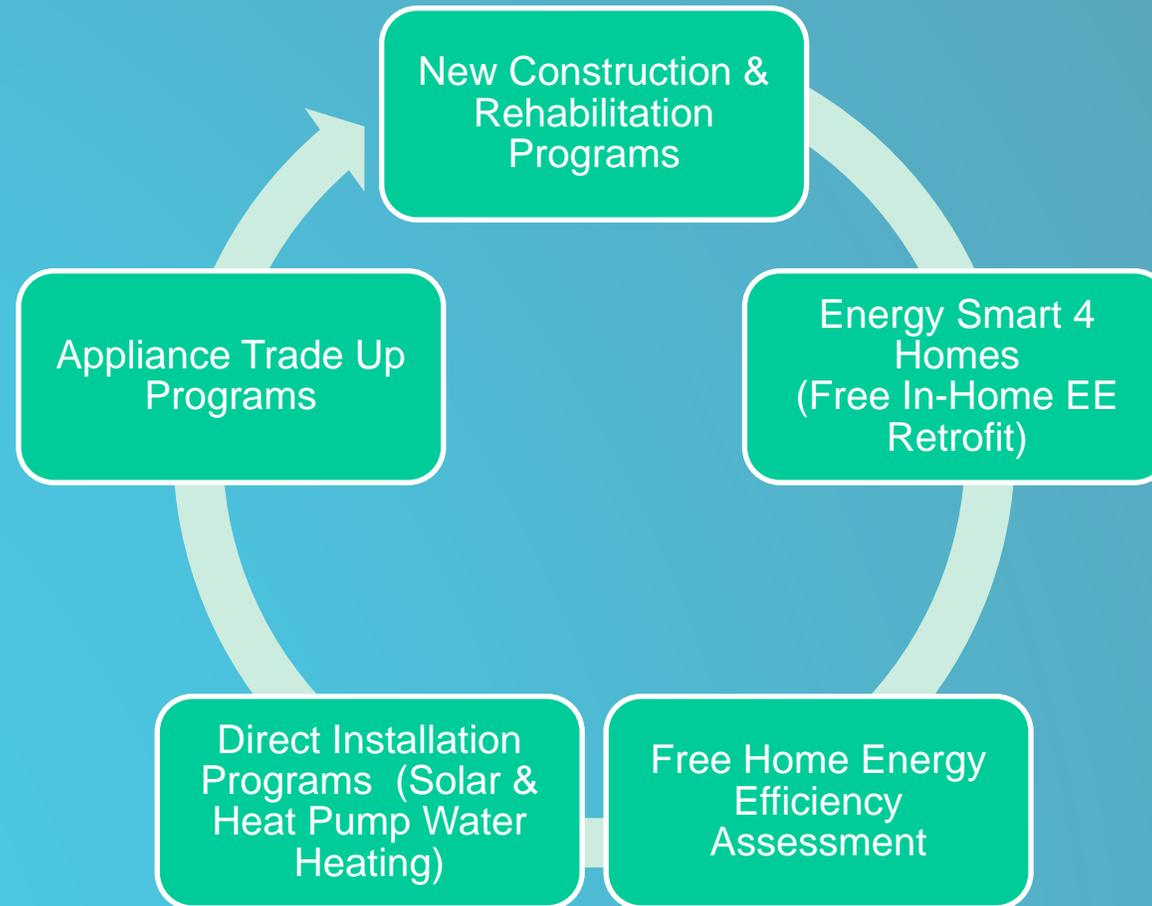
Rate Schedule	2021 Average Cents/kWh
"R" Residential	32.47

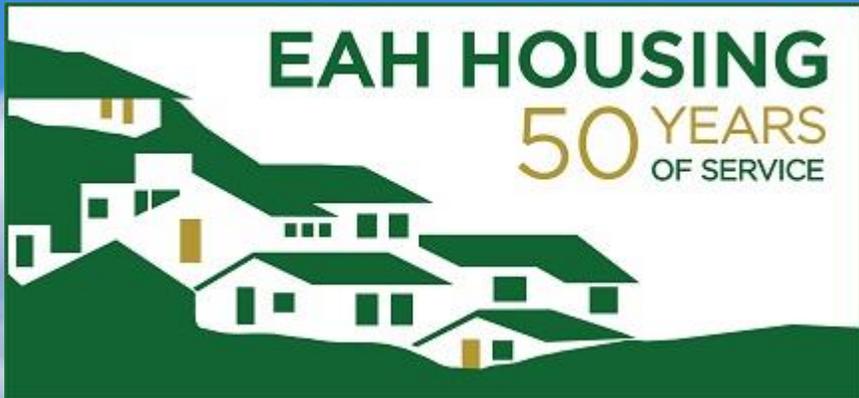
Estimated Total Lifetime kWh Savings

5,638,020 kWh
Total Demand Savings
64.41 kW



COMMUNITY BASED ENERGY EFFICIENCY PROGRAMS





Affordable Housing for older adults and persons with disabilities serving the Ko'olauloa community.

Kahuku Elderly Hauoli Hale

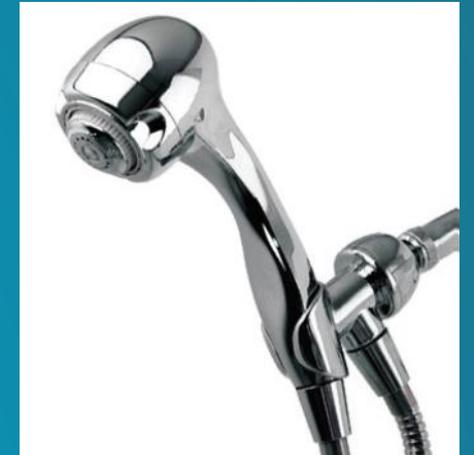
- Kahuku Elderly Hauoli Hale is an affordable housing community for older adults and persons with disabilities in the north shore Oahu Enterprise Zone.
- The community consists of 64 affordable apartment homes in 32 single-story duplex buildings on 6 acres.
- All units are reserved for residents who earn at or below 50% of the Area Median Income (AMI), and rents are no more than 30% of income.



Home Energy Retrofits & Home Energy Assessments



Hawai'i Energy

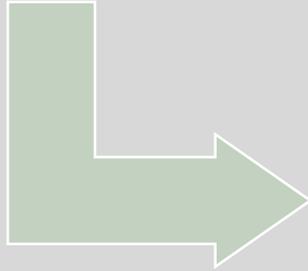


Cut Your Electricity
Costs Up To **\$160***Per/Unit
Each Year!

Existing Building & Community Programs

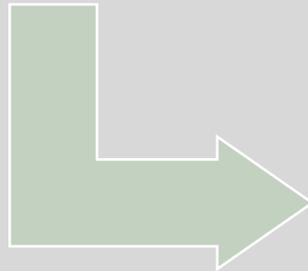
Energy Smart
4 Homes
“Free” (Home
Retrofits)

- LED Lighting
- High-Efficiency Water Measures
- Advanced Power Strips
- \$160 Annual Savings*



Home Energy
Assessment

- Identify Inefficient Systems (A/C, WH, Fridge) For Additional HE Programs



Direct
Installations &
Trade Ups

- Appliance Trade Ups
- Solar and Heat Pump Water Heating Programs



Refrigerator Trade Up

56 x New ENERGY STAR Refrigerators

Estimated kWh Savings – (1st) 45,300 kWh Annual / 379,512 kWh lifetime

EAH Housing

Pacific Appliance Group

DSR

Refrigerant Recycling, Inc.

Kalihi Valley Homes
Solar Water Heater
Tune-Up Project



Molokai
Solar Water Heater Retrofits



Kunia Village
Heat Pump Water Heater Retrofits



Project Scope



Kalihi Valley Homes

Kunia Village

Molokai

Underserved Community	State public housing (apartments)	Agriculture workers and retirees (low-income)	Low-income renters & homeowners
Service	Tune-up maintenance service for (75) solar water heaters	(43) Heat pump water heaters replacing electric water heaters	(29) Solar water heaters replacing electric water heaters
Funding	Service costs partially subsidized by Hawai'i Energy	All labor & materials fully funded by Hawai'i Energy	All labor & materials fully funded by Hawai'i Energy



MAHALO!

Justin Bizer

RESIDENTIAL NEW CONSTRUCTION AND A&A PROGRAM SPECIALIST

JUSTIN.V.BIZER@LEIDOS.COM | 808-848-8534



Hawai'i Energy

HawaiiEnergy.com

Section 6

Wrap Up

Q&A

Howard Wiig, State Energy Office

Chris Perry, U.S. Department of Energy

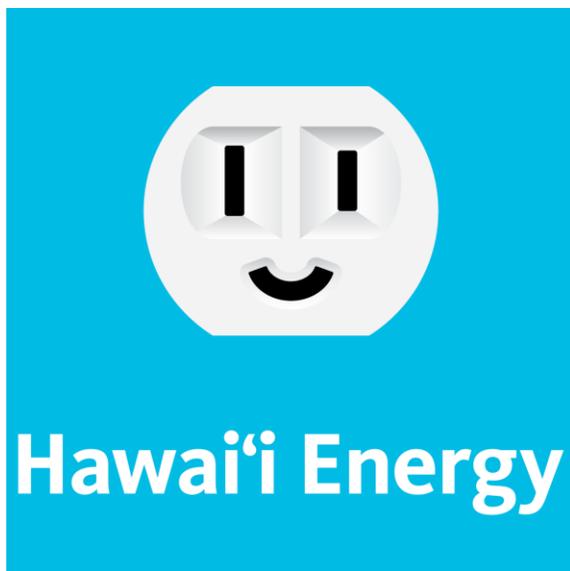
Sumi Han, Smart Energy Design Assistance Center

Norman Takeya, Honolulu Community College

Erik Kolderup, Kolderup Consulting

Justin Bizer, Hawaii Energy

Zippy's gift cards



Coming up

Workshop 2

Comfort, Air Quality and Lighting

Thursday, 4/14/2022, 12:00 – 1:30 pm HST

Workshop 3

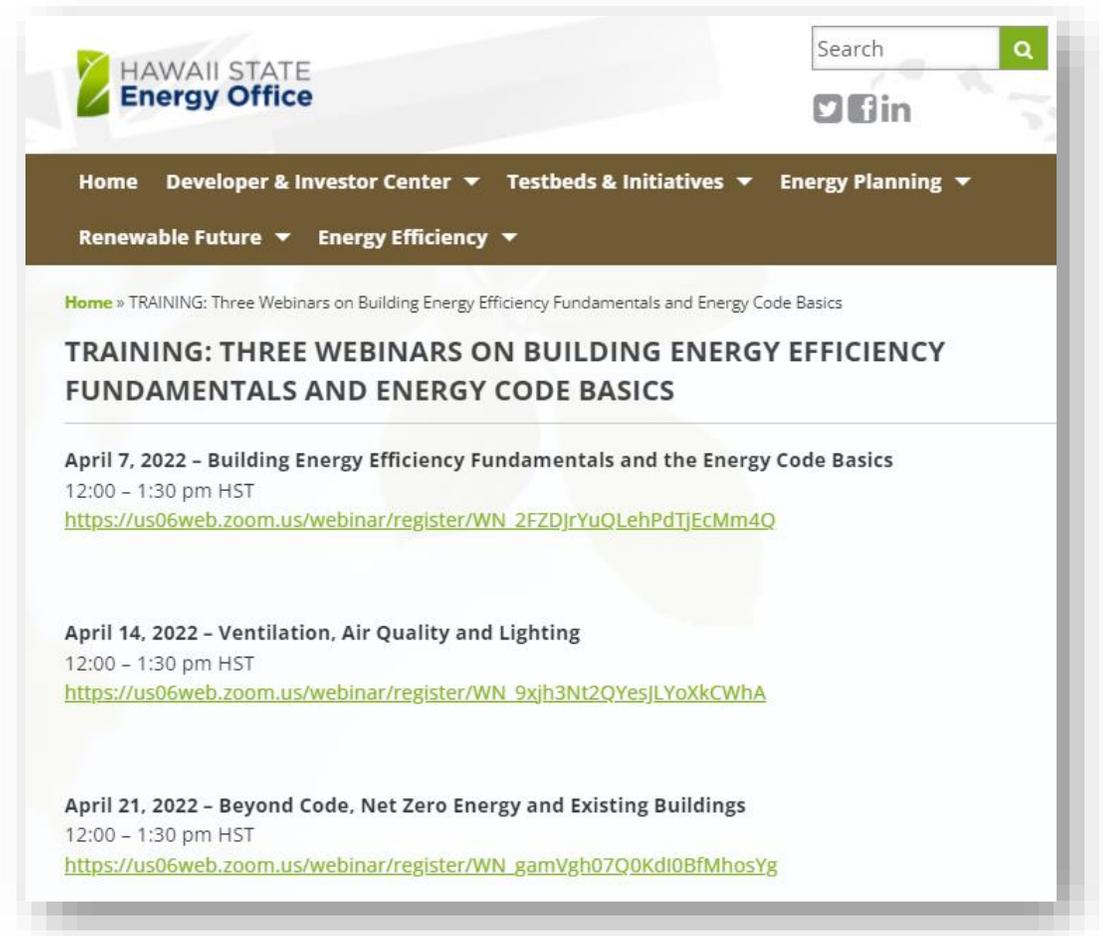
Beyond Code, Net Zero Energy and Existing Buildings

Thursday, 4/21/2022, 12:00 – 1:30 pm HST

BEE Fundamentals: Train-the-Trainer Workshop

Friday, Apr 29, 2022 9:00 – 11:00am HST

https://smartenergy.illinois.edu/bee_fundamentals/



The screenshot shows the Hawaii State Energy Office website. At the top left is the logo for the Hawaii State Energy Office. To the right is a search bar and social media icons for Twitter, Facebook, and LinkedIn. Below the logo is a navigation menu with the following items: Home, Developer & Investor Center, Testbeds & Initiatives, Energy Planning, Renewable Future, and Energy Efficiency. The main content area features a breadcrumb trail: Home » TRAINING: Three Webinars on Building Energy Efficiency Fundamentals and Energy Code Basics. The title of the training is "TRAINING: THREE WEBINARS ON BUILDING ENERGY EFFICIENCY FUNDAMENTALS AND ENERGY CODE BASICS". Below the title, there are three webinar entries, each with a date, title, time, and a Zoom registration link:

- April 7, 2022 – Building Energy Efficiency Fundamentals and the Energy Code Basics**
12:00 – 1:30 pm HST
https://us06web.zoom.us/webinar/register/WN_2FZDJrYuQLehPdTjEcMm4Q
- April 14, 2022 – Ventilation, Air Quality and Lighting**
12:00 – 1:30 pm HST
https://us06web.zoom.us/webinar/register/WN_9xjh3Nt2QYesJLYoXkCWhA
- April 21, 2022 – Beyond Code, Net Zero Energy and Existing Buildings**
12:00 – 1:30 pm HST
https://us06web.zoom.us/webinar/register/WN_gamVgh07Q0KdI0BfMhosYg

Evaluation Survey

<https://www.surveymonkey.com/r/HC7VN5R>

Attendee Feedback Survey - Building Energy Webinar - April 7, 2022

1. My role

Student

Engineer

Educator

Vendor

Contractor

Government

Architect or designer

Other (please specify)

For more energy information



Howard C. Wiig

Hawaii State Energy Office

Office (808) 590-9555

Howard.c.wiig@Hawaii.gov

Building Energy Education Fundamentals

- https://smartenergy.illinois.edu/bee_fundamentals/

2018 IECC available

- <http://iccsafe.org/publications>
- <https://codes.iccsafe.org/content/iecc2018>

State Energy Code Website

- <http://energy.hawaii.gov/hawaii-energy-building-code>

Hawaii Energy Code Website

- <https://hawaiienergy.com/codes>